AGING IN TEXAS

CONFERENCE

2026

SAN ANGELO

Presentation Proposal Guidelines

Get Involved with 2026 AITC!

By becoming an AiTC session presenter not only will you have the ability to share in front of an estimated 300 conference attendees comprised of Area Agency on Aging staff, senior center managers & staff, social workers, dieticians, public and private caseworkers, long-term care administrators and many more service delivery personnel working directly with older adults and family caregivers, but you will also receive complimentary registration for the day of your session to enjoy AiTC as an attendee yourself.

Presenting a session at the 2026 AiTC is the perfect opportunity to share your latest research or organizations project successes or best practices, training your peers and those in the aging network on the newest advances and innovations coming to the aging world as well as educate aging professionals in a variety of important topics connected to aging in 2026.

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How to submit a proposal

Please complete the Education Form and the Speaker Biography Form found below and submit electronically to **bridgetw@txregionalcouncil.org** indicating "2026 AiTC Session Proposal" in the subject line, along with a 2-3 sentence biography and headshot.

Education Form and Speaker Biography

Please ensure all information fields are complete and accurate prior to submission.

The individual submitting the session proposal will be designated as the Primary Presenter unless otherwise noted. The Primary Presenter is responsible for all aspects of the session including developing and finalizing content, identifying, and confirming additional presenters, and supplying appropriate supporting materials and handouts. The AiTC Education Planning Committee liaisons will work with the Primary Presenter to ensure the session achieves the conference goals, objectives, and standards of quality.

Primary Presenter Responsibilities

- Make any necessary refinements based on recommendations by the AiTC Education Planning Committee

- Finalize session format

- Invite additional presenters and provide their contact information and bios (a liaison with the AiTC Education Planning Committee will follow up with written confirmation)

- Supply appropriate supporting materials and handouts to Communicate any audiovisual needs and advise the AiTC Education Planning Committee liaison of those needs.

- Submit an electronic copy of the final presentation by July 20, 2026.

- Ensure all deadlines are met

Type of sessions   Keynote Sessions

The 2026 AiTC will feature two keynote sessions during our Welcome Lunch and Closing Breakfast. Each presentation can be between 45 minutes and one hour and 30 minutes depending on speaker needs. These keynote sessions will be highly competitive. If you submit a keynote session and it is not selected as a keynote, we will consider the proposal for a breakout session unless otherwise noted in your proposal.

Breakout Sessions

All breakout sessions will be 45-minute timeslots. If your presentation requires more time, special arrangements for 2-part sessions can be made. If additional time is desired, please include the time request in your proposal. Requests will be received on a case-by-case basis.

The individual submitting the breakout session proposal will be designated as the Primary Presenter unless otherwise noted. The Primary Presenter is responsible for all aspects of the session including developing and finalizing content, identifying and confirming additional presenters, and supplying appropriate supporting materials and handouts. The AiTC Education Planning Committee liaisons will work with the Primary Presenter to ensure the session achieves the conference goals, objectives, and standards of quality.

Conference Session Spotlight Themes

For those considering a 2026 AiTC keynote or breakout session, please note the conference's spotlight themes that the planning committee is especially interested in including in this year's conference. These spotlight themes include priority session topics but do not list all possible session topics that can be submitted.

Advancing Nursing Practice in Aging Services

To support the inclusion of nurses as a key target audience, this year's conference will feature a dedicated Spotlight Theme focused on advancing nursing practice in aging services. This track will provide relevant clinical updates, practical tools, and interdisciplinary strategies to support nurses working in acute care, home-based care, community health, long-term care, and related settings.

Proposed sessions within this Spotlight Theme include:

Prevent, Detect, Report: Medicare Fraud – Strengthening nurses' knowledge of fraud prevention, reporting protocols, and ethical responsibilities in safeguarding vulnerable populations.

- **Bridging the Gap: Addressing Behavioral Health –** Enhancing nursing competencies in identifying and responding to behavioral health needs among older adults.

- **New Advances in Alzheimer's Treatments –** Providing clinical updates on emerging therapies, care considerations, and implications for nursing practice.

- **Partnering for Impact: Advancing Falls Prevention for Older Rural Texans Through Community Engagement and Workforce Training –** Equipping nurses with evidence based falls prevention strategies and collaborative approaches to reduce injury risk.

- **Leading the Charge: Preventing Financial Exploitation and Strengthening Community Response –** Supporting nurses in recognizing signs of exploitation and coordinating multidisciplinary interventions.

- **Healthy Aging Through Evidence-Based Programs and Partnerships –** Highlighting best practices and evidence-based models that promote health, independence, and quality of life.

- **Sensory Changes Related to Dementia: A Hands-On Experience –** Offering experiential learning to deepen understanding of dementia-related sensory changes and improve person-centered care delivery.

- **A Good Service IS a Good Referral: Excellence in Information & Referral Services –** Strengthening care coordination, communication, and referral practices to enhance patient outcomes.

This Spotlight Theme is designed to align with continuing nursing education standards by incorporating current clinical updates, evidence-based practices, ethical considerations, and interprofessional collaboration. Final session content and learning objectives will be reviewed to ensure alignment with nursing continuing education requirements.

Shannon Medical Center is approved as a provider of nursing continuing professional development by New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Tips From the AITC Education Committee

The AiTC Education Planning Committee is looking for a wide range of session topics, including new approaches to existing models. Consider these attributes when developing a session proposal:

- Clear examples, lessons, and ideas.

- Thoughtful learning objectives.

- Interactive topics.

- Get creative with your session title.

- Content that is accurate and relevant to different types of attendees.

- Alternative teaching methods as opposed to traditional lectures.

- Please note in your proposal if your session is interactive and will need Wi-Fi access.

- Communicate any audiovisual needs in your proposal.

- Submit an electronic copy of the final presentation by June 20, 2026.

- Ensure all deadlines are met

Session Selection
The AiTC Education Planning Committee will review and select all keynote and breakout sessions included in the conference schedule. While proposal submission does not guarantee selection, we will explore opportunities to include the wealth of expertise represented in proposals received. Please note, overlapping of spotlight themes and topics may occur and does not impact your session selection.

Session Scheduling
The AiTC Education Planning Committee has final decision on session schedule arrangement. If there is a specific date and/or time that cannot work for you, please include this information in your submission proposal email for consideration.

Associated Costs
Speakers receive free conference admission for the day of their presentation. Full conference registration is also available to speakers at a discounted rate of $200. Audio and visual equipment such as flip charts, easels, laptops, and LCD projector will be provided by AiTC organizers if prior notice is received. Presenters are required to cover travel and lodging expenses.

THANK YOU

The 2026 Aging in Texas Planning Committee is so excited to receive your session proposal. It is you, the speakers who help make our conference a success by ensuring our attendees are receiving the best quality content out there and not only educating themselves but enjoying their time with us. If you have any questions about the session proposal process or the conference, please do not hesitate to contact Bridget Wallenberger at **bridgetw@txregionalcouncil.org** by calling **512-478-4715**.