

2022 AGING IN TEXAS CONFERENCE

August 17-19

El Paso, TX | El Paso Convention Center

www.agingintexas.org



Boost Health Outcomes AND Track Your Impact –

CTI+ Does Both!



CTI+ Makes Your Data Visible & Usable

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Older adults are 2.5 times more likely to be readmitted to the hospital within their first 30-days from just 1 medication discrepancy. Care Transitions Intervention

Coaching drives proven results, significantly reducing the risk of hospital readmissions – well beyond those first 30 days.

But if you don't have visibility to your program data – in a format you can use – it's hard to communicate the value your programs create. CTI+ is committed to empowering Aging Networks, like yours with innovative solutions that not only drive real impact but help you measure and validate your efforts.

Get Our Exclusive Offer: 3 Free Months of Care Transitions Coach® Training with Enrollment in CTI+

Now, for Aging in Texas Conference attendees, we're extending an offer of three free months of Care Transitions Coach Training when your organization enrolls in our CTI+ solution! That's \$3,000 of training per Coach!

This offer expires on August 30, 2022. So contact us soon to claim this exciting offer!

To Learn More Contact
Brent Feorene
SVP, Business Development
440.871.2756

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On behalf of the Texas Association of Area Agencies on Aging, the Texas Association of Regional Councils, and Texas Health, and Human Services Commission, welcome to the



As we gather in person once again, we are reminded of the power that can be found in a community that is united and resilient. El Paso Strong is not only a motto but a testament to the strength that can be found when we join together as Texans no matter the challenges encountered. This is why we chose El Paso! For unity and support. Those themes continue today as we serve together.

Throughout this week, we celebrate your commitment to ensuring the state's older adults continue to live with dignity and participate fully in life. The 2022

Aging in Texas conference (AiTC) will focus on ways to incorporate best practices, innovative programming and lessons learned to reinforce Texas' strength in collaboration by promoting connectivity and partnership to assist our state's senior population. While you're here in the Sun City, we encourage you to embrace the unity and support that can be found among your peers.

It is through an educated, supportive and united workforce that we can continue to serve as champions for Texas older adults and be El Paso Strong!

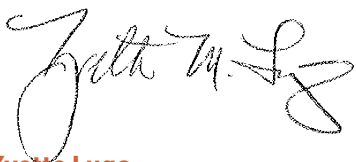
Posting to social media? Be sure to tag us! #2022AiTC

A MESSAGE FROM THE CHAIR



On behalf of the 2022 Aging in Texas Planning Committee, I want to welcome you to El Paso, the Sun City! We are so excited to have you all in our wonderful city. While it has taken us a few years to get here, we could not be more thrilled to host you here in person this week. We have worked hard to make sure you feel welcomed and appreciated for all of the work you do! In addition to

networking with aging professionals from across Texas, our goal is for you to leave here with tips, tools, and ideas that will not only assist you in serving our state's older adults but offer fresh, innovative programming to keep you up to date on the best ways to help older adults stay active, healthy and connected to the world around them. As we spend the next few days learning new ways to make a positive impact on the lives of older Texans, their families, and caregivers, remember that in the wake of challenges and unexpected events, resiliency is key and you are stronger than you know, especially when times get tough. Thank you for your support and attendance. We hope you have a great time at the 2022 AiTC!

A handwritten signature in black ink, reading "Yvette M. Lugo".

Yvette Lugo

Director, Rio Grande Area Agency on Aging
Rio Grande Council of Governments
2022 AiTC Planning Committee Chair

Posting to social media? Be sure to tag us! #2022AiTC

2022 AGING IN TEXAS CONFERENCE PLANNING COMMITTEE

Thank you to the staff of the Rio Grande Area Agency on Aging
for serving as the local host of this year's conference.

TEXAS ASSOCIATION OF AREA AGENCIES ON AGING (AAA) REPRESENTATIVES

Yvette Lugo, AAA Director, Rio Grande Council of Governments, Chair
Patty Bordie, Capital AAA, Education Committee Chair
Toni Roberts, Concho Valley AAA, Awards Committee Chair
Colleen Halliburton, T4A President, Southeast Texas AAA
Paula Johnson, T4A Vice President, Harris County AAA
Viola Monrreal, T4A Secretary, Coastal Bend AAA
Curtis Cooper, Houston-Galveston AAA
Liz Castro, South Plains AAA
Sundee Rossi, Panhandle AAA
Mallory Freitag, Houston-Galveston AAA
Chasity Gordon, Houston-Galveston AAA
Beverly Brownlow, Harris County AAA
Lorena Estrada, Rio Grande AAA

TEXAS ASSOCIATION OF REGIONAL COUNCILS (TARC) REPRESENTATIVES

Ginny Lewis Ford
Talia Milan
Kimberly Lile Dowty

TEXAS HEALTH AND HUMAN SERVICES COMMISSION (HHSC) REPRESENTATIVE

Keely Lee, Director of Program Support & Grant Management, Office of
Aging and Disability Services, Texas Health & Human Services Commission

GENERAL CONFERENCE INFO

REGISTRATION DESK HOURS

Wednesday, August 17, 2022	8:30 am to 5:00 pm
Thursday, August 18, 2022	8:30 am to 5:00 pm
Friday, August 19, 2022	8:30 am to 11:00 am

CONFERENCE SCHEDULE

Wednesday, August 17, 2022

Exhibitor Set-Up	8:30 am to 11:00 am
Welcome Luncheon & Keynote <i>sponsored by CTI+</i>	11:00 am to 12:30 pm
Exhibit Hall Hours	12:30 pm to 6:30 pm
Exhibit Hall Grand Opening & Dessert <i>sponsored by Aetna</i>	12:30pm to 1:00 pm
Breakout Sessions	1:10 pm to 5:00 pm
"Pachanga on the Plaza" Welcome Reception <i>sponsored by WellMed</i>	5:00 pm to 6:30 pm

Thursday, August 18, 2022

Exhibit Hall Hours	8:30 am to 5:00 pm
Breakout Sessions	9:00 am to 11:50 am
Loteria & Lunch <i>sponsored by WellMed</i>	12:00 pm to 1:30 pm
Breakout Sessions	1:30 pm to 4:20 pm
Exhibit Hall Tear-Down	5:00 pm to 6:30 pm
Sunset at San Jacinto Plaza <i>presented by</i> <i>Rio Grande Council of Governments</i>	5:00 pm to 8:00 pm

Friday, June 28, 2019

Breakout Sessions	8:30 am to 9:20 am
Closing Breakfast & Keynote	9:30 am to 11:00 am

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PARKING UPDATE

EL PASO CONVENTION CENTER PARKING GARAGE

Official event parking is located in the Convention Center Parking Garage on Santa Fe St. or at the Union Plaza Transit Terminal located at 400 W. San Antonio St. The parking fee is \$10 a day, all day.

UNION PLAZA TRANSIT TERMINAL PARKING GARAGE

Located off of San Antonio St., the UPTT Parking Garage is located close to major venues in Downtown El Paso and is attached to the Visit El Paso Visitor's Center. \$10 All-Day Parking

Visit elpasolive.com for more information about the convention center.



SPECIAL EVENTS

Exhibit Hall Grand Opening & Dessert sponsored by Aetna

Kick off your 2022 Aging in Texas Conference at the Exhibit Hall Grand Opening and Dessert following the Welcome Lunch and Keynote. Enjoy a sweet treat while you network with peers, as well as the sponsors and exhibitors you've been waiting to meet.

"Pachanga on the Plaza" Welcome Reception sponsored by WellMed

Meet us at the "Pachanga" on the Plaza Welcome Reception! Enjoy refreshments and fiesta-style snacks while you network and mingle with friends and our fantastic conference sponsors and exhibitors at their mini-exhibit tables.

Lotería & Lunch sponsored by WellMed

Join us Thursday for Lotería & Lunch in the Exhibit Hall (Hall B) for games, prizes, camaraderie, and networking. We will be playing the traditional game of chance, lotería—the Spanish word for lottery— often referred to as Mexican bingo, where illustrated cards depicting the Mexican aesthetic replace bingo balls. Boxed lunches will be available, too!

Sunset at San Jacinto Plaza presented by Rio Grande Council of Governments

A private event, exclusively for AiTC Conference Attendees, will take place Thursday, August 18, 2022, from 5:00 pm to 8:00 pm MST, at the historic San Jacinto Plaza park located in the heart of downtown El Paso, just walking distance from the Conference Hotels.

During this time, we will celebrate friendships and enjoy in-person company while listening to live entertainment, eating local barbeque that supports a local non-profit, and delight in one-of-a-kind refreshments made for just AiTC attendees. If you have not done so already, please RSVP at the Welcome to El Paso booth in the conference lobby to reserve your spot and join us in closing the 2022 AiTC.

Visit elpasolive.com for more information about the convention center

CONFERENCE GAMES & CEU INFORMATION

2022 AGING IN TEXAS CONFERENCE GAMES

LOTERIA

HOW TO PLAY

The rules are very similar to regular bingo, marking spots on your board for the item that is called out. In Lotería, the game boards are called "tabla" or "carta". You will need one "tabla" for each player and one deck of Lotería cards. One person, known as "el cantor" or the caller, will be announcing the cards.

- Each player has a different board, featuring pictures of the different cards in the deck
- The pattern to win is determined at the beginning of each round (Ex: Diagonal line, Vertical line, X pattern, Full card)
- A card is dealt from the deck and called out by "el cantor" or the caller
- Any player that has the picture of the card just announced on their board marks the spot
- Once a player makes the pattern for that game, they shout "Lotería" to declare their win. The first player to shout "Lotería" is the winner
- A new game is then started and the same process is followed until the Lotería game is over.

MEET THE TOP 3



HOW TO PLAY

1. Visit our top 3 at the CTI+ Networking Area and WellMed and Aetna Exhibit Booths and drop your business card in the bowl on their table by 2:00 pm on Thursday, August 18.

HOW TO WIN

1. During the closing breakfast, each sponsor will draw a card from their bowl for a special gift from the sponsors.
2. Participants must be present to win.

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WIN THE TITLE OF AITC 2022'S SOCIAL MEDIA BUTTERFLY

HOW TO PLAY

1. Share photos, posts and tweets while during the conference to Facebook, Twitter and Instagram.
2. Tag posts with **#2022AITC**.
3. Post the most tags by 8:00 pm on Thursday, August 18.
4. Winner announced during the closing breakfast on Friday, August 19th. Participants must be present to win.

AVAILABLE CONTINUING EDUCATION UNITS (CEUS)

The Rio Grande Council of Governments is sponsoring social work continuing education units (CEUs) for attendees at the Aging in Texas Conference.

All conference breakout sessions and the closing keynote are eligible for credit, resulting in up to 11.6 hours of available CEUs! For more information, including your CEU forms, please see page 39.



AGENDA

WEDNESDAY, AUGUST 17, 2022

8:30 AM - 5:00 PM **Registration Desk Hours**

12:30 PM - 1:00 PM **Exhibit Hall Grand Opening & Dessert** *sponsored by Aetna (Hall B)*

12:30 PM - 5:00 PM **Exhibit Hall Hours** *(Hall B)*

11:00 PM - 2:30 PM **Welcome Lunch & Keynote** *sponsored by CTI+ (Hall A)*

Welcome Remarks

Annette Gutierrez, Rio Grande Council of Governments

KEYNOTE ADDRESS - El Paso Strong! Rejuvenation Through Resiliency



Keynote Speaker: Senator César J. Blanco.

Senator César J. Blanco proudly represents the people of Culberson, El Paso, Hudspeth, Jeff Davis and Presidio counties in the Texas Senate.

César was raised in El Paso and after high school, he continued his family's tradition of military service in the U.S. Navy. He graduated from the University of Texas at El Paso and continued his public service by working for three Members of Congress representing El Paso and West Texas.

César was first elected in 2014 to the Texas House of Representatives. During his three terms he delivered for El Paso by leading initiatives to strengthen our workforce, economy, and border communities, improving the quality of life and increasing economic opportunities. He led efforts to protect education benefits and expand mental health resources for veterans, rein in rising prescription drug prices, and increase oversight

over border security. For his record, Texas Monthly named him one of the best legislators in Texas.

In 2020, César was elected to the Texas Senate. Senator Blanco serves on the Senate Committees on Health & Human Services, Higher Education, Transportation, and Veterans Affairs & Border Security. Senator Blanco's priorities this session focused on helping our community recover from the COVID-19 pandemic, making our state more resilient to future pandemics, expanding access to healthcare, bridging the digital divide, curbing gun violence after the El Paso mass shooting, and protecting military service members from sexual assault.

Senator Blanco is active in the community as member of the American Legion, El Paso Metropolitan Planning Organization (MPO), the Rio Grande Council of Governments (RCOG), the Medical Center of Americas (MCA), and Project Bravo Board of Directors. César lives in El Paso with his wife Lili and their dog Jefe.

12:30 PM - 1:00 PM **Exhibit Hall Grand Opening & Dessert**

sponsored by Aetna (Hall B)

Join us for the grand opening of the Exhibit Hall and visit the conference supporters showcasing their products and services. Be sure to play all of the AiTC games found on pages 8-9 of your program.

1:10 PM - 2:00 PM **BREAKOUT SESSIONS**

Utilizing Community Health Workers to Serve Hispanic/Latino Older Adults and Other Vulnerable Populations through Culturally Appropriate Strategies *(El Paso AF)*

Speaker(s): Monica Garcia, Program Director, MHP Salud

Description: Aging Services organizations are expected to reach and serve individuals in their communities with

the greatest economic and social need. CHWs do this through addressing the social determinants of health and meeting individuals where they are. Join MHP Salud to learn how Community Health Workers (CHWs), also known as Promotores de Salud, are providing culturally appropriate services to older Hispanic/Latino older adults. Session participants will walk away with an understanding of the scope of CHW work, how CHW-led health programs are improving the lives older Hispanic/Latino adults, and ways CHWs can improve their organization's reach to vulnerable communities.

Caring for Caregivers: A Collaborative Effort in El Paso Creating Bilingual Comics to Promote Stress Reduction During COVID-19 *(El Paso BE)*

Speaker(s): David Hernandez, Executive Director, West Texas Chapter of the Alzheimer's Association, Elvira Carrizal-Dukes, Assistant Professor of Instruction, University of Texas at El Paso, Isela Maier, Assistant Professor of Instruction, University of Texas at El Paso, Sarah Yvonne Jimenez, Instructor in Clinical Nursing, University of Texas at El Paso, Jacob Martinez, Assistant Professor, School of Nursing, University of Texas at El Paso

Description: Comics can serve as a powerful tool to expand educational outreach efforts for improving the health and well-being of diverse populations. Discover how bilingual comics are being used as graphic medicine for awareness and education of chronic diseases such as dementia.

Equity in Benefits: Building A Community Snapshot *(Juarez DC)*

Speaker(s): Vivian Nava-Schellinger, Director, Partnership & Network Activation

Description: In Spring 2022, the National Council on Aging created a place-based cohort in partnership with three distinct community organizations on the importance of our Equity Promise, BenefitsCheckUp®, and best practices for outreach. Learn more

about our partnership work and tools to creating similar cohorts across the state of Texas.

2:10 PM - 3:00 PM

BREAKOUT SESSIONS

A Rural Library and Technology: Enhancing the Way People Age *(El Paso AF)*

Speaker(s): Dianne Connery, Director,
Pottsboro Area Public Library

Description: This session will discuss why digital inclusion is considered a super social determinant of health. A rural Texas library is a national model for community-based programs that harness technology to enhance the way people age. Examples include telehealth, digital navigators, a learning community for older adults, and facilitating affordable connectivity.

The CAPABLE Model for Aging in Community:

A Texas Demonstration *(El Paso BE)*

Speaker(s): Jon Weizenbaum, Consultant, St. David's Foundation, Stephanie Houghton-Bowman, RN Program Manager, Andrew Levack, Senior Program Officer (Aging in Place Focus Area), St. David's Foundation, Patty Bordie, Director of Aging Services, Capital Area Council of Governments

Description: We will present an introduction to the Community Aging in Place—Advancing Better Living for Elders (CAPABLE) model to help older adults age in place. CAPABLE teams a registered nurse, occupational therapist, and a handy worker to address the fit between the older person and the home environment.

Ensuring Equitable Service Delivery: A Primer for Mathphobes and Data Nerds, Too! *(Juarez DC)*

Speaker(s): Tammy Mermelstein, Executive Director, Collaboratory for Aging Resources and Education (CARE)

Description: How do we get limited resources where they are needed most? With numbers! Data doesn't have to be scary and can guide us in much of our

decision-making, especially with the goal of equitable service delivery. Whether you're mathphobic or a data nerd, learn how to put data to work for you.

3:10 PM - 4:00 PM

BREAKOUT SESSIONS

Envisioning the Future for Nutrition Services

(El Paso AF)

Speaker(s): Linda Netterville, Self Employed Dietician Consultant, Contracted by Texas HHSC

Description: The COVID 19 pandemic forced nutrition programs to adapt and develop on-the-fly survival skills. Going forward how do nutrition programs take the lessons learned and position for opportunities of sustainability and future growth? Action steps to develop a business strategy for sustainable quality services will be discussed.

Evidence-Based Stress Management for Caregivers and Professionals *(El Paso BE)*

Speaker(s): Jennifer Kretzschmar, Contractor, WellMed

Description: For family caregivers and the professionals who support them, stress can quickly become the norm under which they live. Constant stress can have a negative impact physically, mentally and emotionally. Come learn about stress self-management and a variety of coping skills to use when faced with challenging caregiver situations.

We Work Better Together: Establishing a Community of Practice *(Juarez DC)*

Speaker(s): Dr. Dahlia Castillo, The University of Texas at El Paso, Clinical Assistant Professor, Director of Occupational Therapy Program, Dr. Emily Christenberry, The University of Texas at El Paso, Clinical Assistant Professor, Co-Curriculum Coordinator, Dr. Guillermina Solis, The University of Texas El Paso, Associate Professor, School of Nursing, Dr. Monica Vasquez, The University of Texas at El Paso, Clinical Assistant Professor

Description: This session will focus on what a community of practice is and how to establish one. Participants will identify the benefits of integrating community partners with an academic institution for the benefit of the aging population in Texas.

4:10 PM - 4:55 PM

BREAKOUT SESSIONS

Effective Communication Strategies* (*El Paso AF*)

Speaker(s): Franchesca E. Nuñez, Assistant Professor, School of Nursing, The University of Texas at El Paso, David Andrew Hernandez, Executive Director, West Texas Chapter of the Alzheimer's Association, Sarah Yvonne Jimenez, Instructor in Clinical Nursing, The University of Texas at El Paso

Description: During this session, speakers will explain the need for enhanced communication between individuals with dementia, family members, and healthcare providers. Then they will identify early-stage dementia communication behaviors and how to respond accordingly and describe middle stage dementia communication changes and how to respond accordingly. Lastly, they will identify late-stage dementia communication changes and how to respond accordingly.

**Please note this session satisfies the Area Agencies on Aging Alzheimer's and Dementia Training Requirement through the Health and Human Services Commission (HHSC).*

Road Map to Collaboration: Meeting the Needs of the Community through Innovation (*El Paso BE*)

Speaker(s): Ryan McGuire, Upward Care, Founder and CEO, Patty Bordie, Director of Capital Area Agency on Aging, Enrique Guerrero, Care Specialist II, Alamo Area Agency on Aging.

Description: Ryan McGuire, the Founder of Upward Care will provide a Case Study of collaboration between his organization and Bexar Area Agency on Aging resulting in an additional service offering

of in-home skills training and curriculum for family caregivers. The collaboration has expanded to include five additional Area Agencies on Aging including 36 Texas counties and a supplemental video project focused on Family Caregiver Skills. With input from Bexar AAA Rep, Ryan will provide advice on identifying additional needs of the local communities, how to influence the creation of a solution, how the proper feedback loop can result in continuously improving service, challenges associated with implementation, and unexpected benefits associated with the program. The presentation will conclude with a small panel of AAA representatives including Patty Bordie, Director of Capital Area Agency on Aging, and Enrique Guerrero, Care Specialist II of the Alamo Area Agency on Aging.

The Service, Teaching, Aging, & Research (STAR) Lab at UHD: Creating Meaningful Intergenerational Connection and Opportunities between Universities and Older Adults *(Juarez DC)*

Speaker(s): Dr. Angela Goins, Lecturer of Social Work, University of Houston-Downtown

Description: Participants will learn about the new STAR Lab at the University of Houston-Downtown (UHD), a successful program focused on aging issues in Texas and locally. Then participants will learn about best practices, impact, and unique strategies related to creating and organizing an aging lab in a university setting with community partners and students, staff, and faculty). Finally participants will explore the STAR Lab at UHD's current initiatives including its efforts to create intergenerational connections between college students and older adults in the community. especially during a pandemic and beyond (Service-learning experiential programs, caregiver initiatives, education of aging populations)

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5:00 PM - 6:30 PM **"Pachanga on the Plaza" Welcome Reception**
sponsored by WellMed
Join your fellow attendees on the plaza for a fiesta with tasty appetizers, refreshments, and exciting local entertainment.

THURSDAY, AUGUST 18, 2022

8:30 AM - 5:00 PM **Registration Desk Hours**

8:30 AM - 5:00 PM **Exhibit Hall Hours** (*Hall B*)

9:00 AM - 9:50 AM **BREAKOUT SESSIONS**

Empowering Vulnerable Populations: Perspectives from the Harris County Area Agency on Aging (*El Paso AF*)

Speaker(s): Keith Taylor, Counselor/Veterans Specialist, Harris County Area Agency on Aging, Paula Silva, Customer Service Supervisor, Harris County Area Agency on Aging, Carmen Castro, Administration Manager, Harris County Area Agency on Aging

Description: By the end of the session, participants will be able to: understand the work of the Harris County Area Agency on Aging in coordinating supportive services for adults 60 years of age and older as well as their caregivers, identify ways the Aging Call Center educates and informs consumers about a range of services under the Older Americans Act, and recognize how the Veterans Directed Care Program works to reduce barriers to services among veterans and empowers them to obtain the self-directed and person-centered care they need.

Using Medications Safely in the Older Patient (*El Paso BE*)

Speaker(s): Mark Stratton, Professor Emeritus, University of Oklahoma, College of Pharmacy, Retired

Description: This lecture will focus on medications and the older patient. The lecture will describe for the participants the scope of the problem that older people

encounter when medications are used inappropriately, excessively and unnecessarily. The program will also provide a list of medications most problematic and provide for the participants how to become an active participant in the medication use process to minimize their risk from medications (i.e., the solutions).

Road Map to Collaboration: Meeting the Needs of the Community through Innovation *(Juarez DC)*

Speaker(s): Ryan McGuire, Upward Care, Founder and CEO, Patty Bordie, Director of Capital Area Agency on Aging, Enrique Guerrero, Care Specialist II, Alamo Area Agency on Aging.

Description: Ryan McGuire, the Founder of Upward Care will provide a Case Study of collaboration between his organization and Bexar Area Agency on Aging resulting in an additional service offering of in-home skills training and curriculum for family caregivers. The collaboration has expanded to include five additional Area Agencies on Aging including 36 Texas counties and a supplemental video project focused on Family Caregiver Skills. With input from Bexar AAA Rep, Ryan will provide advice on identifying additional needs of the local communities, how to influence the creation of a solution, how the proper feedback loop can result in continuously improving service, challenges associated with implementation, and unexpected benefits associated with the program. The presentation will conclude with a small panel of AAA representatives including Patty Bordie, Director of Capital Area Agency on Aging, and Enrique Guerrero, Care Specialist II of the Alamo Area Agency on Aging.

10:00 AM - 10:50 AM

BREAKOUT SESSIONS

Advocacy That Works! *(El Paso AF)*

Speaker(s): Rhonda Rogers, Speaker of the House, Texas Silver-Haired Legislature, Linda Timmerman, Communications Chair, Texas Silver-Haired Legislature

Description: The Texas Silver-Haired Legislature works during each legislative biennium to identify

and research concerns of older Texans. Through a mock legislative process held on the floor of the Texas House of Representatives in even-number years, the elected TSHL members debate and vote on resolutions that are then submitted to the Texas Legislature for consideration. TSHL members then follow-up with specific legislators to track bills written as a result of the submitted resolutions and are frequently called upon to testify on behalf of legislation. TSHL is seeking members and participation from Texans aged 60 and older from across Texas. This presentation will focus on how you can get involved in this effective and important endeavor.

Congregate Meal Programs for the Future:

A Texas Initiative (*El Paso BE*)

Speaker(s): Keely Lee, Director of Program Support & Grant Management, Office of Aging and Disability Services, Community Access | Access and Eligibility Services| Medical and Social Services, Texas Health and Human Services Commission, Linda Netterville, Self Employed Dietician Consultant, Contracted by Texas HHSC

Description: As congregate meal programs return to a “new normal” in the post pandemic world, creative strategies that will attract and engage Older American clients meaningfully in an environment that supports nutrition, health, and social connection is sought. Hear about the Texas Congregate Meal Initiative Project and its successes in building replicable and sustainable innovations.

What is Texas Healthy at Home and What Exactly Are They Up To? (*Juarez DC*)

Speaker(s): Don Smith, Chief Executive Officer, Texas Healthy at Home

Description: Texas Healthy at Home will share their goals of how they help build a bridge between community-based services and health care entities!

Learn the history and rationale for creating Texas Healthy at Home (TH@H), its recent activities and components of TH@H's 2022 - 2023 Business Plan and Strategic Priorities. Finally, help TH@H by providing input for their strategic direction and help identify opportunities to strengthen the capacity of the Texas aging network to contract and provide services with health care entities.

11:00 AM - 11:50 AM

BREAKOUT SESSIONS

The Power of a Simple Call: How Adopt a Grandparent Impacts Older and Younger Adults *(El Paso AF)*

Speaker(s): Tammy Mermelstein, Executive Director, Collaboratory for Aging Resources and Education (CARE)

Description: A simple phone call can make a world of difference. During the Pandemic, the two groups most likely to experience loneliness and social isolation were older adults and young (college-age) adults. The Adopt a Grandparent program paired these two groups for weekly, unstructured calls, and then magic happened. Learn about how this program is impacting lives and improving multigenerational relationships.

Connectedness: Understanding The Value of Bridging the Digital Divide for Older Adults *(El Paso BE)*

Speaker(s): Natalia Villanueva Rosales, Associate Professor in Computer Science, The University of Texas at El Paso, Ashley Bangert, Assistant Professor in Psychology, The University of Texas at El Paso, Mary Yanez, Director Senior Adult Program

Description: Attendees will learn more about the generational digital divide and how this may affect older adults' abilities to engage with their community. They will discuss strategies to bridge this divide in their community. This is a community-engaged session as part of the NSF- funded Smart Social Connector project.

Effectiveness of Tele-delivered Behavioral Activation Treatment by Lay Counselors for Homebound Older Adults with Depression *(Juarez DC)*

Speaker(s): Julieta Caamano, Mental Health Service Provider, University of Texas at Austin, Social Worker III, Kelly Vences, Mental Health Service Provider, Namkee G. Choi, Professor, University of Texas at Austin, Tiffany Seto, Social Science Research Associate

Description: To begin the presentation, speakers will teach attendees to better understand the theoretical background and rationale for tele- and lay-counselor-delivered Behavior Activation (Tele-BA) for homebound older adults. Then learners will have a better understanding of the empirical evidence of lay-counselor-delivered Tele-BA that emerged from a randomized clinical trial. Finally, learners will have an opportunity to (a) better understand the Tele-BA in action; (b) learn about the current Tele-BA and Fall Prevention project; and (c) referral processes

12:00 PM - 1:30 PM

LOTERIA & LUNCH

Come grab lunch while you take some time to network with colleagues, check out our exhibitors and try your luck at loteria!

1:30 PM - 2:20 PM

BREAKOUT SESSIONS

The Intersection Between Nutrition and Access to Benefits *(El Paso AF)*

Speaker(s): Randy Feliciano, Sr. Program Manager, National Council on Aging, Center for Benefits Access, Lyle Lomayma, Tribal Liaison and Benefits Enrollment Center Lead, Rio Arriba County Health and Human Services Department

Description: In this presentation, you will learn about the process and impact of a food sovereignty pilot which helped to reintroduce cultural and nutritious foods back into the Santa Clara pueblo, and in the process increase access to key financial and health-related benefits to more than 500 tribal elders.

Hospice vs Palliative Care, Which is the Right Choice? *(El Paso BE)*

Speaker(s): Monica S. Vasquez, Clinical Assistant Professor for the Family Nurse Practitioner Program, University of Texas at El Paso

Description: Palliative care and hospice are often used interchangeably. Although there are many similarities between the two services, there are also a few differences. It is important for clinicians to be aware of this in order to educate patients so that an informed decision can be made as to which service would be more appropriate.

Rethinking Challenges in Aging: A Multidisciplinary Approach Part 1 *(Juarez DC)*

Speaker(s): Dr. Cecilia Fierro, Assistant Clinical Professor, Occupational Therapy Program, The University of Texas at El Paso, Dr. Anita Parada, Assistant Professor, Rehabilitation Sciences Program at The University of Texas at El Paso, Patricia Lara PhD., CCC-SLP, Clinical Associate Professor Speech Language Pathology Program, University of Texas at El Paso, Dr. Carolina Valencia, PhD, Clinical Assistant Professor, Program Director of the BS in Rehabilitation Sciences and Chair of Department of Rehabilitation Sciences, The University of Texas at El Paso, Dr. Alvaro N. Gurovich, Associate Professor and Program Director of the Doctor of Physical Therapy, The University of Texas at El Paso

Description: This session is to inform the participants about a multidisciplinary approach that addresses the aging process. It will also provide information about what research is available and what our role is in educating future generations about aging and aging research.

2:30 PM - 3:20 PM

BREAKOUT SESSIONS

Vision, Technology, and You: Helping

Aging Eyes (*El Paso AF*)

Speaker(s): Jaclyn Owusu, Public Awareness Coordinator, Texas State Library and Archives Commission

Description: What if your vision began to fade? The small things sighted people take for granted like looking at a menu or reading the new best seller can be difficult or impossible for those with blindness, low vision, or other visual and physical disabilities. Learn about what a print disability is and some of the resources available.

When Two Worlds Collide: Balancing the Roles of Aging Professional and Caregiver (*El Paso BE*)

Speaker(s): Tammy Mermelstein, Executive Director, Collaboratory for Aging Resources and Education (CARE)

Description: "This is the session I didn't know I needed." - 2021 AITC participant. Being a caregiver is usually tough. Being a caregiver while also working in aging has many unique challenges. From blurred boundaries to the stress of being unable to find a resource and questioning your whole career because of it, we face many situations that few others do. This session will use the speakers' personal stories with a dash of humor and research for a deep dive into a tough situation that most of us have or will face.

Rethinking Challenges in Aging: A

Multidisciplinary Approach Part 2 (*Juarez DC*)

Speaker(s): Dr. Cecilia Fierro, Assistant Clinical Professor, Occupational Therapy Program, The University of Texas at El Paso, Dr. Anita Parada, Assistant Professor, Rehabilitation Sciences Program at The University of Texas at El Paso, Patricia Lara PhD., CCC-SLP, Clinical Associate Professor Speech Language Pathology Program, University of Texas at El Paso, Dr. Carolina Valencia, PhD, Clinical Assistant Professor, Program Director of the BS in

Rehabilitation Sciences and Chair of Department of Rehabilitation Sciences, The University of Texas at El Paso, Dr. Alvaro N. Gurovich, Associate Professor and Program Director of the Doctor of Physical Therapy, The University of Texas at El Paso

Description: This session is to inform the participants about a multidisciplinary approach that addresses the aging process. It will also provide information about what research is available and what our role is in educating future generations about aging and aging research.

3:30 PM - 4:20 PM

BREAKOUT SESSIONS

Simply Invaluable - Understanding Mental Health for Older Adults *(El Paso AF)*

Speaker(s): Alejandra Valdez, Program Manager, NAMI El Paso

Description: Alejandra Valdez of NAMI El Paso will provide an overview of mental health and mental health conditions as it relates to older adults. She will discuss some of the statistics of mental health in our elders, and COVID-19's impacts. Then she will go over at least 10 warnings signs of a mental health condition. The presenter will next provide information from National Alliance on Mental Illness (NAMI) and National Institute of Mental Health (NIMH) on mental health and aging. Finally, Alejandra will talk generally about finding resources for Elders. It will be generalized for Texas but with some local El Paso examples.

Nursing and Medical Healthcare Provider Perspective on Caring for LGBTQ+ Adult Patients: Learning From a Recent Systematic Review *Adults (El Paso BE)*

Speaker(s): Aaron Loeb, PhD Student, University of Texas Health Science Center; Visiting Assistant Professor, Texas Woman's University, Houston

Description: Marginalized adults face multiple barriers to obtaining and maintaining adequate healthcare which result in poor health outcomes. For members of the LGBTQ+ population, experiences with healthcare

discrimination because of sexual orientation status is associated with greater reports of poorer mental and physical health compared to their heterosexual peers. This session will explore multiple barriers and facilitators to healthcare based upon nursing and medical provider perspectives. Although mainly focused on the nursing and medical professions, dialogue is encouraged, in the remaining 30 minutes, from all care providers in an effort to find solutions to improve healthcare inclusivity for LGBTQ+ adults.

Veterans for Dummies: Things You Need to Understand to Help Veterans and their Families (*Juarez DC*)

Speaker(s): Bobby Ehrig, Executive Director, Citizens for Progress, George Losoya, Director, Central Texas Council of Governments and Area Agency on Aging

Description: This class will not only help you easily identify Veterans in your population but verify their military service and eligibility for benefits. You will be able to order military service records and help find resources to apply for VA disability, while understanding the difference between compensation and healthcare. Finally, we will review VA healthcare benefits and the aging services that they offer to our nation's Heroes.

FRIDAY, AUGUST 19, 2022

8:30 AM - 11:00 AM **Registration Desk Hours**

9:00 AM - 9:50 AM **BREAKOUT SESSIONS**

Keep The Gray Cells Working: Continuing Education Benefits Us (*El Paso AF*)

Speaker(s): Lynn A. Provenzano, Executive Director, Osher Lifelong Learning Institute

Description: Learning and curiosity never get old. Lack of stimulation and socialization along with navigating uncertain physical and social environments has emphasized the importance of feeding curiosity, engaging minds, and finding alternative ways to

socialize. Continuing education for an aging population serves this purpose and contributes to social alternatives and initiatives.

Technology! A Solution to Fighting Social Isolation in Older Adults *(El Paso BE)*

Speaker(s): Dr. Anita Swanson, Project Coordinator, Texas Technology Access Program, University of Texas at Austin

Description: Social isolation has many health implications for older adults such as physiologically, socially, emotionally, and cognitively. To prevent and combat these detrimental effects, information and communication technologies can be used. Other technology to improve quality of life will be introduced and explained.

A Guide to Applying for Funding Opportunities to Serve Veterans *(Juarez DC)*

Speaker(s): Bobby Ehrig, Executive Director, Citizens for Progress, George Losoya, Director, Central Texas Council of Governments and Area Agency on Aging

Description: This class will help you understand what programs are funded by the VA in the community and how to locate them. It will also help you learn about other federal opportunities to fund Veteran-specific programs and services, and state grant programs available for organizations to help expand their programs to serve Veteran families.

9:00 AM - 11:00 am **Closing Breakfast & Keynote Address** *(Hall A)*



Keynote Address- Healing Power of Music

Keynote Speakers: David Hernandez

As Executive Director of the West Texas Chapter of the Alzheimer's Association, David Hernandez provides overall strategic, leadership, collaboration, and operational responsibility for the chapter's fundraising, care and support programs, growth, and delivery of the Alzheimer's Association's mission. As Executive Director, David Hernandez partners and works with staff and community leaders across the 80 counties of West Texas in the Association's strategic plan to support millions of people living

with the disease and their families while accelerating research progress and change the trajectory of Alzheimer's disease and all other dementia.



Felipa Solis is has more than 30 years of broadcast experience, having worked at KTSM TV Newschannel Nine, the NBC affiliate in El Paso, Texas.

Felipa's love of the community and passion for the arts lead her to the position of Executive Director of El Paso Pro-Musica. Felipa has worked for 10 years alongside Grammy Award winning cellist and Artistic Director Zuill Bailey. El Paso Pro-Musica allows her to work with some of the most amazing musical artists in the world including violinist Itzhak Perlman, which further commits to her passion for education and guiding educational programs for El Paso Pro-Musica. She is proud of the now 5 year affiliation with the UTEP Department of Music in the development of the UTEP Center for Arts Entrepreneurship, coaching students at the University level, interested in careers in the arts in the 21st century. Felipa Solis has more than 30 years of broadcast experience, having worked at KTSM TV Newschannel Nine, the NBC affiliate in El Paso, Texas.

Felipa is a 1983 graduate of the University of Texas at El Paso with a Bachelor's Degree in Liberal Arts, and recipient of the UTEP Gold Nugget Award in Liberal Arts. She has been named the Humanitarian of the Year by the League of United Latin American Citizens, YWCA Reach Award Winner, and was honored by the Texas Senate and Senator Jose Rodriguez for her commitment to the Community. She was also named Media Person of the Year by the National Association of Social Workers, the Minority Small Business Media Person of the Year by the Small Business Administration, and the Ruben Salazar Journalism Award by La Mujer Obrera. She was named as a "Woman of Impact," by El Paso Inc in 2020.

Felipa is exceptionally proud of her son, Gabriel, a graduate Magna Cum Laude of Loyola University in

Chicago. He obtained his Masters Degree in History from the University of Texas at El Paso. He is presently a fellowship recipient in the Doctoral Program in History at Columbia University in New York.



Zuill Bailey, widely considered one of the premiere cellists in the world, is a Grammy Award winning, internationally renowned soloist, recitalist, Artistic Director and teacher. His rare combination of celebrated artistry, technical wizardry and engaging personality has secured his place as one of the most sought after and active cellists today.

In addition to his extensive solo touring engagements, Zuill Bailey dedicates his time and artistry to communities by providing Master Classes at the University level and Educational Outreach in schools throughout the country to enlighten, entertain and inspire a new generation of Classical Music enthusiasts. Mr. Bailey works tirelessly to share music to help soothe, heal and comfort at Hospitals, Rehabilitation and Detention Centers, Food Banks and Senior Facilities. Zuill Bailey is the Artistic Director of El Paso Pro-Musica (Texas), the Sitka Summer Music Festival/ Alaska Classics Series and Cello Seminar, (Alaska), Juneau Jazz and Classics, (Alaska), the Northwest Bach Festival (Washington), Classical Inside Out Series- Mesa Arts Center (Arizona). Mr. Bailey serves as the Director of the Center for Arts Entrepreneurship and Professor of Cello at the University of Texas at El Paso.

A renowned recording artist, Zuill Bailey won the "Best Solo Performance," Grammy Award in 2017 for his Live Recording of "Tales of Hemingway," by composer Michael Daugherty. The CD, recorded with the Nashville Symphony, Giancarlo Guerrero, conductor, also received Grammys for Best Composition and Best Compendium.

Mr. Bailey received his Bachelor and Master's Degrees from the Peabody Conservatory and the Juilliard School.

CONFERENCE SPONSORS

The 2022 Aging in Texas Conference Planning Committee would like to recognize the following sponsors for their support of this year's conference.

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To our sponsors, we cannot thank you enough. Your support of Texas' aging network is invaluable, especially during these challenging years. Without the partnerships you provide, the aging network would look very different today. Through this strength and teamwork, we look forward to partnering together for many years to assist those who give so much of themselves to serve older adults and their families and caregivers across the Lone Star State.

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SURROUNDING ATTRACTIONS

ARTS & CULTURE

- **El Paso Museum of Art** - .1 Miles
- **El Paso Museum of History** - .1 Miles
- **El Paso Holocaust Museum** - .4 Miles
- **El Paso Mission Tour** - 12.2 Miles
- **Concordia Cemetery** - Experience The Gunfight Capital Of The World - 3.6 Miles

ATTRACTIONS

- **The Murals of El Paso**
- **San Jacinto Plaza** - .2 Miles
- **El Paso Zoo** - 3.2 Miles
- **Hike the Franklin Mountains** - 7.2 Miles
- **Scenic Drive** - Look Over the Beautiful City of El Paso into Juarez, Mexico - 3.1 Miles
- **National Border Patrol Museum** - 12.8 Miles
- **El Paso Municipal Rose Garden** - 4.2 Miles

TRANSPORTATION

• Hotel Shuttles

Complimentary transportation is available within a 3-mile distance of the DoubleTree and Courtyard by Marriot Downtown for those staying in the hotels.

• Uber/Lyft

• **Uber - First Time User?**

- Download the Uber App on your Personal Device
- Open and log into the Uber app on your device.
- Type your destination into the "Where to?" section.
- Select the vehicle type Uber Taxi or Uber Black you would like to take.
- Tap "Confirm" and wait for your request to be accepted by a driver.

• **Lyft - First Time User?**

- Download the Lyft app and create an account.
- Tap 'Search destination' and enter your drop-off location
- Select your preferred ride type. You can learn more about different types of rides at Lyft ride modes overview.
- Tap 'Select Lyft'
- Confirm or change your pickup location before tapping 'Confirm and request'

- **El Paso Historic Street Car**

A small trolley cart was actually introduced to El Paso in 1902, replacing El Paso's mule car system, which had the town's pet "Mandy the Mule" taking passengers across the border and around the downtown area. As El Paso was growing in farming, manufacturing, mining, commerce, and the military, and needed an improved transportation system. Soon the streetcar was introduced to El Paso offering service to El Pasoans in the 1950s, 1960s, and 1970s. Now our city patrons can ride these vintage El Paso original color-scheme streetcars, but with modern amenities such as air conditioning and Wi-Fi.

The project began with the construction of 4.8 miles of track, 27 stops, a maintenance and storage facility and associated infrastructure, along with the remanufacture of streetcars that used to serve El Paso. The streetcar vehicles, which are the same streetcars that ran on El Paso streets from the 1950s until 1974, were transported to Brookville Equipment Corporation in Pennsylvania for restoration on December 2015. Now, six streetcars are returned to service with each painted in one of the three historic color schemes used in El Paso from the 1950s, 1960s, and 1970s.

Cost: Free

Regular Hours: Thursday, Friday, & Saturday 4:00 pm to 11:00 pm

Visit <https://www.crrma.org/current-projects/streetcar> to learn more and see the street car routes.

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CONFERENCE EVALUATION FORM

1. Please identify the type of agency/organization for which you work:

- ☐ State Administering Agency ☐ Local Government ☐ Nonprofit ☐ Other (Please Specify) _____

2. How would rate the overall conference?

- ☐ Poor ☐ Below Average ☐ Average ☐ Above Average ☐ Excellent

3. Were the topics covered at the 2022 Aging in Texas Conference important to your professional development?

- ☐ Poor ☐ Below Average ☐ Average ☐ Above Average ☐ Excellent

4. Which session(s) did you find most beneficial?

5. How can we improve the conference in the future?

6. Would you recommend this conference to others?

- ☐ Yes ☐ No

7. Please indicate your overall satisfaction with this conference.

Conference Content

- ☐ Very Dissatisfied ☐ Somewhat Dissatisfied ☐ Neutral ☐ Somewhat Satisfied ☐ Very Satisfied

Registration Process

- ☐ Very Dissatisfied ☐ Somewhat Dissatisfied ☐ Neutral ☐ Somewhat Satisfied ☐ Very Satisfied

Venue

- ☐ Very Dissatisfied ☐ Somewhat Dissatisfied ☐ Neutral ☐ Somewhat Satisfied ☐ Very Satisfied

Food & Beverage

- ☐ Very Dissatisfied ☐ Somewhat Dissatisfied ☐ Neutral ☐ Somewhat Satisfied ☐ Very Satisfied

AGING IN TEXAS CONFERENCE | 2022

August 17-19 | El Paso, TX | El Paso Convention Center

AGING IN TEXAS CONFERENCE | 2022

August 17-19 ★ El Paso, TX ★ El Paso Convention Center

El Paso Convention Center, El Paso, TX

Name:	Date: August 17, 2022
Please print clearly.	
Organization:	Email:

CEU Type:

WEDNESDAY, AUGUST 17, 2022

Session	Room	Time	Instructor/ Moderator Initials	CEUs
Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.				
Session One				
Utilizing Community Health Workers to Serve Hispanic/Latino Older Adults and Other Vulnerable Populations through Culturally Appropriate Strategies	El Paso AF	1:10 - 2:00 PM		0.92
Caring for Caregivers: A Collaborative Effort in El Paso Creating Bilingual Comics to Promote Stress Reduction During COVID-19	El Paso BE	1:10 - 2:00 PM		0.92
Equity in Benefits: Building a Community Snapshot	Juarez DC	1:10 - 2:00 PM		0.92
Session Two				
A Rural Library and Technology: Enhancing the Way People Age	El Paso AF	2:10 - 3:00 PM		0.92
The CAPABLE Model for Aging in Community: A Texas Demonstration	El Paso BE	2:10 - 3:00 PM		0.92
Ensuring Equitable Service Delivery: A Primer for Mathphobes and Data Nerds, Too!	Juarez DC	2:10 - 3:00 PM		0.92
Session Three				
Envisioning the Future for Nutrition Services	El Paso AF	3:10 - 4:00 PM		0.92
Evidence-Based Stress Management for Caregivers and Professionals	El Paso BE	3:10 - 4:00 PM		0.92
We Work Better Together: Establishing a Community of Practice	Juarez DC	3:10 - 4:00 PM		0.92
Session Four				
Effective Communication Strategies	El Paso AF	4:10 - 5:00 PM		0.92
Road Map to Collaboration: Meeting the Needs of the Community through Innovation.	El Paso BE	4:10 - 5:00 PM		0.92
The Service, Teaching, Aging & Research (STAR) Lab at UHD: Creating Meaningful Intergenerational Connection and Opportunities between Universities and Older Adults	Juarez DC	4:10 - 5:00 PM		0.92
Total CEUs for Day One:				

The continuing education represented by this document was provided in accordance with the criteria and standards of the Texas State Board of Social Work Examiners and certified by Provider # 6425 Rio Grande Council of Governments- Area Agency on Aging.

Maximum eligible CEUs for Day One = 3.7

Attendee: Keep this document in your records as evidence of continuing education units/credits earned.

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August 17-19 ★ El Paso, TX ★ El Paso Convention Center

El Paso Convention Center, El Paso, TX

Name:	Date: August 18, 2022
Please print clearly.	
Organization:	Email:

CEU Type:

THURSDAY, AUGUST 18, 2022

Session	Room	Time	Instructor/ Moderator Initials	CEUs
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Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.

Session One

Empowering Vulnerable Populations: Perspectives from the Harris County Area Agency on Aging	El Paso AF	9:00 - 9:50 AM		0.92
Using Medications Safely in the Older Patient	El Paso BE	9:00 - 9:50 AM		0.92
Road Map to Collaboration: Meeting the Needs of the Community through Innovation	Juarez DC	9:00 - 9:50 AM		0.92

Session Two

Advocacy that Works!	El Paso AF	10:00 - 10:50 AM		0.92
Congregate Meal Programs for the Future: A Texas Initiative	El Paso BE	10:00 - 10:50 AM		0.92
What is Texas Healthy at Home and What Exactly Are They Up To?	Juarez DC	10:00 - 10:50 AM		0.92

Session Three

The Power of a Simple Call: How Adopt a Grandparent Impacts Older and Younger Adults	El Paso AF	11:00 - 11:50 AM		0.92
Connectedness: Understanding the Value of Bridging the Digital Divide for Older Adults	El Paso BE	11:00 - 11:50 AM		0.92
Effectiveness of Tele-delivered Behavioral Activation Treatment by Lay Counselors for Homebound Older Adults with Depression	Juarez DC	11:00 - 11:50 AM		0.92

Session Four

The Intersection Between Nutrition and Access to Bereavement	El Paso AF	1:30 - 2:20 PM		0.92
Hospice vs Palliative Care: Which is the Right Choice?	El Paso BE	1:30 - 2:20 PM		0.92
Rethinking Challenges in Aging: A Multidisciplinary Approach Part 1	Juarez DC	1:30 - 2:20 PM		0.92

Session Five

Vision, Technology, and You: Helping Aging Eyes	El Paso AF	2:30 - 3:20 PM		0.92
When Two Worlds Collide: Balancing the Roles of Aging Professionals and Caregivers	El Paso BE	2:30 - 3:20 PM		0.92
Rethinking Challenges in Aging: A Multidisciplinary Approach Part 2	Juarez DC	2:30 - 3:20 PM		0.92

Session Six

The NAMI and NIMH Approach to Mental Health	El Paso AF	3:30 - 4:20 PM		0.92
Nursing and Medical Healthcare Provider Perspective on Caring for LGBTQ+ Adult Patients: Learning from a Recent Systematic Review	El Paso BE	3:30 - 4:20 PM		0.92
Veterans for Dummies: Things You Need to Understand to Help Veterans and their Families	Juarez DC	3:30 - 4:20 PM		0.92

Total CEUs for Day Two:

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Maximum eligible CEUs for Day Two = 5.5

Attendee: Keep this document in your records as evidence of continuing education units/credits earned.

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El Paso Convention Center, El Paso, TX

Name:			Date: August 19, 2022	
Please print clearly.				
Organization:			Email:	
CEU Type:				
FRIDAY, AUGUST 19, 2022				
Session	Room	Time	Instructor/ Moderator Initials	CEUs
Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.				
Session One				
Keeping the Gray Cells Working: Continuing Education Benefits	El Paso AF	8:30 - 9:20 AM		0.92
Technology! A Solution to Fighting Social Isolation in Older Adults	El Paso BE	8:30 - 9:20 AM		0.92
A Guide to Applying for Funding Opportunities to Serve Veterans	Juarez DC	8:30 - 9:20 AM		0.92
Closing Keynote				
Healing Power of Music	Hall A	9:00 - 11:00 AM		1.5
Total CEUs for Day Three:				

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Maximum eligible CEUs for Day Three = 2.4

Summary of Continuing Education Hours Earned		Maximum
Total CEUs for Day One		3.7
Total CEUs for Day Two		5.5
Total CEUs for Day Three		2.4
Grand Total		11.6

Attendee: Keep this document in your records as evidence of continuing education units/credits earned.

[illegible]

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August 17-19

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