



# 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas





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On behalf of the Texas Association of Area Agencies on Aging,  
Texas Health and Human Services Commission, and  
the Texas Association of Regional Councils

**WELCOME TO THE**



# **2017 Aging in Texas Conference**

**Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas**

Building on the momentum from previous conferences and highlighting the benefits of keeping seniors connected and engaged within their communities, the theme of the 2017 AiTC is, “Aging without Limits!”

As Texans continue to live longer, healthier lives, providers and professionals must continue to ensure older Texans have the opportunity to live with dignity and participate fully in life. The 2017 AiTC will focus on ways professionals within the aging services community can incorporate best practices and innovative programming to reinforce Texas’ strength in collaboration by promoting connectivity and assisting our state’s growing senior population.

It is through an educated workforce and public that we can ensure older Texans continue to age without limits.

**Posting to social media? Be sure to tag us! #AiTC2017**



## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### A Message from the President



**A** On behalf of the 2017 Aging in Texas Conference Planning Committee, I want to welcome you to vibrant Las Colinas! A hub for business, connectivity and innovation, Las Colinas is the perfect setting for this year's conference. In addition to networking with aging professionals from across Texas, our goal is for you to leave here with tips, tools and ideas that will not only assist you in serving our state's seniors, but offer fresh, innovative programming to keep you up-to-date on the best ways to keep seniors active, healthy and connected to the world around them. Just as our opportunities for development over the next few days know no bounds, we want to be sure the seniors we serve know nothing is beyond reach and they can AGE WITHOUT LIMITS! Thank you for your support and attendance. We hope you enjoy your time at AiTC 2017!

**Deborah Moore**

President, Texas Association of Area Agencies on Aging (T4A)

**Posting to social media? Be sure to tag us! #AiTC2017**





# 2017 Aging in Texas Conference

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## Planning Committee

Thank you to the staff of the Dallas and Tarrant County Area Agencies on Aging for serving as the local hosts of this year's conference.

**T4A President:** Deborah Moore, Assistant Director, City of Houston Department of Health and Human Services, Harris Area Agency on Aging

**Local Host:** Sonia White, Director, Dallas Area Agency on Aging

## Texas Association Of Area Agencies On Aging (AAA)

### Representatives

- Viola Monrreal, Director, Area Agency on Aging of the Coastal Bend
- Toni Roberts, Director, Area Agency on Aging of the Concho Valley
- Bettye Mitchell, Director, Area Agency on Aging of East Texas
- Beverly Brownlow, Assistant Manager, Harris Area Agency on Aging
- Judy Conner, Director, Area Agency on Aging of Texoma
- Yvette Lugo, Director, Rio Grande Area Agency on Aging

## Texas Association Of Regional Councils (TARC)

### Representatives

Ginny Lewis, Executive Director  
Keely Lee, Aging Program Coordinator

## Texas Health And Human Services Commission (HHSC) Representatives

Heather Blackwell, Manager, Local Procedure Development and Support, Office of Area Agencies on Aging

## General Conference Information

### Registration Desk Hours

Wednesday, July 12, 2017 ..... 8:00 am – 5:00 pm  
 Thursday, July 13, 2017 ..... 8:00 am – 5:00 pm  
 Friday, July 14, 2017 ..... 8:00 am – 11:00 am

### Conference Schedule

#### Wednesday, July 12, 2017

Exhibitor/Vendor Set-up ..... 8:00 am – 11:00 am  
 Exhibit Hall Hours ..... 12:30 pm – 6:30 pm  
 Welcome Luncheon & Keynote Address .. 11:00 am – 12:30 pm  
 Exhibit Hall Grand Opening & Dessert ... 12:30 pm – 1:00 pm  
 Breakout Sessions ..... 1:05 pm – 4:50 pm  
 Welcome Reception with Special  
 Local Entertainment ..... 5:00 pm – 6:30 pm

#### Thursday, July 13, 2017

Exhibit Hall Hours ..... 8:00 am – 2:00 pm  
 Breakout Sessions ..... 9:00 am – 10:50 am  
 Lunch on your Own ..... 11:00 am - 1:30 pm  
 Exhibit Hall Closing & Dessert ..... 1:30 pm – 2:00 pm  
 Breakout Sessions ..... 2:00 pm – 4:50 pm  
 Exhibit Hall Tear-Down ..... 2:00 pm – 5:00 pm

#### Friday, July 14, 2017

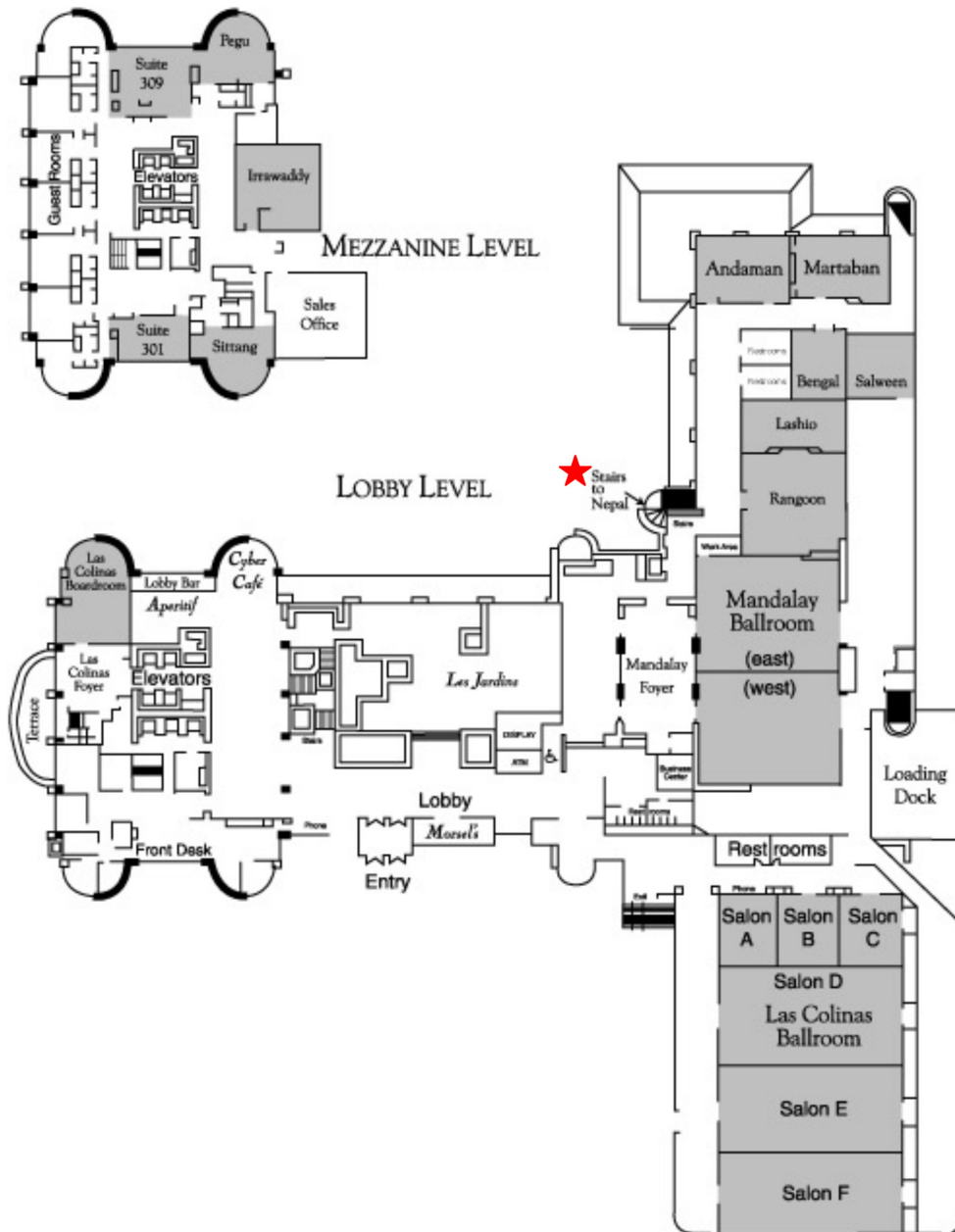
Breakout Sessions ..... 8:00 am – 8:50 am  
 Closing Breakfast & Keynote ..... 9:00 am – 11:00 am



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## Omni Mandalay







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## AiTC 2017 Special Events

### Exhibit Hall Bingo

#### How to Play

1. It's EASY! Just visit all participating booths and have the visits marked on your BINGO card found in your conference bag.
2. BINGO starts at the Exhibit Hall Grand Opening, 12:30 pm on Wednesday, July 12 and continues until Thursday, July 13 at 2:00 pm.

#### How to Win

1. Fill in the contact details on the back of the BINGO card.
2. BINGO cards must be turned in at Registration by 2:00 pm on Thursday, July 13 in order to be eligible for the prize drawing.
3. The prize drawings will take place on the closing breakfast on Friday, July 14. Participants must be present to win.

### Meet the Top 2



#### How to Play

1. Visit our top 2 conference exhibits and drop your business card in the glass bowl on their table by 2:00 pm on Thursday, July 13.

#### How to Win

1. During the closing breakfast, each sponsor will draw a card from their bowl for a special gift from the sponsors.
2. Participants must be present to win.

### Win the Title of AiTC 2017's Social Media Butterfly

#### How to Play

1. Share photos, posts and tweets during the conference to Facebook, Twitter and Instagram.
2. Tag posts with #AiTC2017.
3. Post the most tags by 5:00 pm on Thursday, July 13.
4. Winner announced during the closing breakfast on July 14. Participants must be present to win.

### Welcome Reception

Kick off your 2017 Aging in Texas Conference experience at the Welcome Reception in the Exhibit Hall. Enjoy food and drinks while you network with peers, as well as the sponsors and exhibitors you've been waiting to meet. Entertainment will be provided by some very talented local groups!

### Available Continuing Education Units (CEUs)

The Texas Health and Human Services Commission is sponsoring continuing education units (CEUs). Up to 9.3 hours of CEUs are available for the following fields:

- Social Workers
- Long-Term Care Ombudsmen
- Licensed Marriage & Family Therapists
- Licensed Psychology Professionals
- Licensed Professional Counselors
- Qualified Intellectual/Developmental Disability
- Form on Page 39

The Aging in Texas Conference is pleased to offer the following CEU-eligible sessions:

## WEDNESDAY, JULY 12

| Session  | Room     | Track                   | Time              | CEU Credit Available |
|--|----------|-------------------------|-------------------|----------------------|
| Condition-Focused Nutrition and Impact on At-Risk Patients   | Rangoon  | Life Enrichments        | 1:05 PM - 2:00 PM | x                    |
| Delivering Quality Cost-Efficient Nutrition Services   | Nepal    | Services                | 1:05 PM - 2:00 PM | x                    |
| The Best of All Worlds: Successful Collaboration in Intergenerational Workplace                            | Martaban | Communities             | 1:05 PM - 2:00 PM | x                    |
| Texercise Select: Bringing Proven Health and Wellness to all Texans!                                       | Andaman  | Evidence-Based Programs | 1:05 PM - 2:00 PM | x                    |
| Healthy Living for Your Brain and Body: Tips from the Latest Research                                      | Rangoon  | Life Enrichments        | 2:05 PM - 3:00 PM | x                    |
| Aging Texas Veterans from WWII to the Middle East  | Nepal    | Services                | 2:05 PM - 3:00 PM | x                    |
| The Best of All Worlds: Successful Collaboration in Intergenerational Workplace                            | Martaban | Communities             | 2:05 PM - 3:00 PM | x                    |
| Get 'Em While They're Young: Utilizing Future Health Care Professionals to Deliver Evidence-Based Programs | Andaman  | Evidence-Based Programs | 2:05 PM - 3:00 PM | x                    |
| We're Going Places: Travel Training for Area Agencies on Aging   | Rangoon  | Life Enrichments        | 3:05 PM - 3:55 PM | x                    |
| Evaluating the Efficacy of a Regional Care Coalition   | Nepal    | Services                | 3:05 PM - 3:55 PM | x                    |
| Correlates of Health Problems at Senior Centers  | Martaban | Communities             | 3:05 PM - 3:55 PM | x                    |
| When 9-1-1 calls YOU   | Andaman  | Evidence-Based Programs | 3:05 PM - 3:55 PM | x                    |
| Mitigating Geriatric Trauma: A Trauma Injury Prevention Perspective  | Rangoon  | Life Enrichments        | 4:00 PM - 4:50 PM | x                    |
| An Overview: Person-Centered Planning  | Nepal    | Services                | 4:00 PM - 4:50 PM | x                    |
| Finding the Aging Population in Texas with Census Data   | Martaban | Communities             | 4:00 PM - 4:50 PM | x                    |
| MUSIC & MEMORY : How to Improve Quality of Life & Reduce Anti-Psychotic Use                                | Andaman  | Evidence-Based Programs | 4:00 PM - 4:50 PM | x                    |

## THURSDAY, JULY 13

| Session   | Room     | Track                   | Time              | CEU Credit Available |
|---|----------|-------------------------|-------------------|----------------------|
| Working with People who are Hard of Hearing: Hearing Aids and Communication Strategies                              | Rangoon  | Life Enrichments        | 9:00 AM - 9:50 AM | x                    |
| Aging Texas Veterans from WWII to the Middle East   | Nepal    | Services                | 9:00 AM - 9:50 AM | x                    |
| Networking to Develop Partnerships  | Martaban | Communities             | 9:00 AM - 9:50 AM | x                    |
| Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow - Part I | Andaman  | Evidence-Based Programs | 9:00 AM - 9:50 AM | x                    |



## THURSDAY, JULY 13

|  |          |                         |                     |   |
|--|----------|-------------------------|---------------------|---|
| Assistive Technology and Resources for Persons with Hearing Loss   | Rangoon  | Life Enrichments        | 10:00 AM - 10:50 AM | x |
| Leveraging Resources from the Inside Out: The Benefits of Advisory Committees  | Nepal    | Services                | 10:00 AM - 10:50 AM | x |
| Under One Roof: Multiple Generations Living in the Same House  | Martaban | Communities             | 10:00 AM - 10:50 AM | x |
| Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow - Part II | Andaman  | Evidence-Based Programs | 10:00 AM - 10:50 AM | x |
| Transfer on Death Deed: Avoiding the Pitfalls of Probate   | Rangoon  | Life Enrichments        | 2:00 PM - 2:50 PM   | x |
| The Intersection of Neurocognitive Disorders and Medical Decision-Making   | Nepal    | Services                | 2:00 PM - 2:50 PM   | x |
| The Village Movement in Texas  | Martaban | Communities             | 2:00 PM - 2:50 PM   | x |
| The Aging Network: Educating Health Professionals for Tomorrow   | Andaman  | Evidence-Based Programs | 2:00 PM - 2:50 PM   | x |
| Powers of Attorney for Adults 50+: Tool to Protect or Exploit?   | Rangoon  | Life Enrichments        | 3:00 PM - 3:50 PM   | x |
| Depression is NOT a Normal Part of Aging - Part I  | Nepal    | Services                | 3:00 PM - 3:50 PM   | x |
| Age Well Live Well: Be Connected   | Martaban | Communities             | 3:00 PM - 3:50 PM   | x |
| Meeting the Needs of Caregivers with Evidence-Based Programs   | Andaman  | Evidence-Based Programs | 3:00 PM - 3:50 PM   | x |
| Measuring Quality in Managed Long-Term Supports and Services Programs  | Rangoon  | Life Enrichments        | 4:00 PM - 4:50 PM   | x |
| Depression is NOT a Normal Part of Aging, Part II  | Nepal    | Services                | 4:00 PM - 4:50 PM   | x |
| Be Healthy: Food Security and Nutrition for Older Adults   | Martaban | Communities             | 4:00 PM - 4:50 PM   | x |
| Caregiving as a Human Rights Issue: An International Perspective   | Andaman  | Evidence-Based Programs | 4:00 PM - 4:50 PM   | x |

## FRIDAY, JULY 14

| Session  | Room     | Track                   | Time              | CEU Credit Available |
|--|----------|-------------------------|-------------------|----------------------|
| The Importance of Social Media for Senior Job Seekers  | Rangoon  | Life Enrichments        | 8:00 AM - 8:50 AM | x                    |
| Veteran Directed Services - Texas Style: The VA and the Bexar Area Agency on Aging Working Together for Our Veterans | Nepal    | Services                | 8:00 AM - 8:50 AM | x                    |
| Age-Friendly Cities: Factors Influencing Age-Friendly Policy Action  | Martaban | Communities             | 8:00 AM - 8:50 AM | x                    |
| The Good, the Bad and the Truth: Lessons Learned from the CDSMP/DSMP North Texas Consortium                          | Andaman  | Evidence-Based Programs | 8:00 AM - 8:50 AM | x                    |



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# CONFERENCE AGENDA

### Wednesday, July 12, 2017

8:00 AM - 5:00 PM **Registration Desk Hours**

12:30 PM - 6:30 PM **Exhibit Hall Hours** (Salons A-E)

11:00 PM - 12:30 PM **Welcome Lunch & Keynote Address** (Mandalay)

#### Welcome Remarks

*Ginny Lewis, Executive Director, Texas Association of Regional Councils*

*Deborah Moore, T4A President & Assistant Director, City of Houston Department of Health and Human Services, Harris Area Agency on Aging*

### Keynote Address



#### Keynote Speaker: Wayne Salter, Deputy Executive Commissioner for Social Services, Texas Health and Human Services Commission

Wayne Salter has over 19 years of dedicated service and experience in social services. As Associate Commissioner for Access and Eligibility Services within the Health and Human Services Commission, Medical and Social Services Division, Mr. Salter oversees over 11,000 employees responsible for delivering public assistance programs, disability determinations services and community-based programs and services to millions of Texans every year.

Prior to arriving in Texas, Mr. Salter served as the Deputy Director of the Public Assistance Division for the Florida Department of Children and Families. Mr. Salter has dedicated his career to developing innovative and impactful solutions for improving social service delivery systems—many of which resulting in significant cost avoidance, efficiencies and streamlined processes. During his career he has served in key senior leadership positions including: Bureau Chief of Program Policy, Statewide Call Center Director and Operations and Management Consultant Manager for the Office of Quality Management.

Mr. Salter believes professional development and education are the foundation for success. He earned a Bachelor of Science degree in management and an Associate's degree in business administration. Mr. Salter also holds several professional certifications and is a graduate of the Florida Center for Public Management through the Reubin Askew School of Public Management at Florida State University receiving designation as a Certified Public Manager.

With public service at heart, he is a member of the National Association of Eligibility Workers, SNAP Integration Project Advisory Council Member and American Association of SNAP Director's Marketing Subcommittee.

Mr. Salter's extensive knowledge and experience administering public assistance programs, and passion for excellence drive his commitment to Access and Eligibility Services' mission of connecting Texans to services.





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### Sponsor Spotlight



#### **Patrina Fowler, Chief Executive Officer, Aetna Better Health of Texas**

Patrina Fowler serves as chief executive officer (CEO) of Aetna Better Health of Texas. In this position, she is responsible for overseeing plan staff involved in financial, medical and operations management. In addition, she serves as the primary liaison with the state, working to maintain a system for reviewing, assessing and implementing the state contract.

Ms. Fowler is an accomplished health care executive with more than 20 years in leadership experience. She brings a unique blend of clinical, legal, business and Medicaid knowledge to the health plan. Most recently, she served as the chief operating officer of Community First Health Plan in San Antonio, Texas. Prior to moving back to her home state of Texas, she was the CEO of Health Right, a Federally Qualified Health Center in Washington, DC.

Ms. Fowler started her career as a registered nurse in Texas, having received a Bachelor of Science in Nursing and a Juris Doctor from the University of Texas, Austin. She also received a Master's in Public Health from The Johns Hopkins University in Baltimore, Maryland.



#### **Janet Grant, Regional Vice President, Great Plains Region, Aetna Medicaid**

Janet Grant leads Aetna Medicaid's Great Plains Region. She is accountable for the regional plan's profit and loss, growth, and operational effectiveness, including quality, compliance and state contract requirements. Ms. Grant also is responsible for new business growth and expansion across the twelve-state region as well as key stakeholder relationships and community partners.

Known as a strong leader with specific expertise in driving strategic, financial and operational results within highly complex environments, Ms. Grant brings to Aetna more than 25 years of experience in managed care and provider services.

Prior to joining Aetna, Ms. Grant was with CareSource Management Group in Dayton, Ohio as the executive vice president, external affairs, and corporate compliance officer. She also developed and led a geriatric service line for Kettering Medical Center Network in Kettering, Ohio.

Ms. Grant earned a Bachelor of Social Work at Minnesota State University and a Master of Business Administration at Wright State University in Dayton, Ohio.



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12:30 PM - 1:00 PM

### **Exhibit Hall Grand Opening & Dessert** (*Salons A-E*)

Join us for the grand opening of the Exhibit Hall and visit the 30+ conference supporters showcasing their products and services. Be sure to play all of the AiTC exhibit hall games found on page # of your program!

1:05PM – 2:00 PM

### **Breakout Sessions**

#### **Condition-Focused Nutrition and Impact on at-Risk Patients** (*Rangoon*)

*Speaker(s): Catherine Macpherson, Chief Nutrition Officer & Vice President of Product Strategy and Development, PurFoods*

**Description:** The purpose of this session is to educate attendees on the nutrition in at-risk populations and its implications. Attendees will learn how to identify nutritional risks for various populations and understand how compromised nutrition impacts patients and the healthcare system. Attendees will also be able to understand the impact of nutrition on various chronic conditions and identify options to make an impact on individuals in need.

#### **Delivering Quality Cost-Efficient Nutrition Services** (*Nepal*)

*Speaker(s): Linda Netterville, Vice President of Program Development and Impact, Meals on Wheels America*

**Description:** Providing cost-efficient and customer-driven nutrition service in an evolving environment is an important management function. Nutrition programs are facing an increasingly competitive market for meals and nutrition services. Join in a discussion and gain practical insights that will assist you in providing consistent, quality meals to your customers.

#### **The Best of All Worlds: Successful Collaboration in the Intergenerational Workplace** (*Martaban*)

*Speaker(s): Patricia Bordie, Director, Area Agency on Aging & Disability Resource Center of the Capital Area, Capital Area Council of Governments*

**Description:** This session will teach attendees how to better collaborate in the workplace to develop the best solutions for problems they may face. Attendees will understand the definition of an “intergenerational” workplace, the prevalence of this workplace phenomenon, and be able to explore issues which may arise. This session will explore differences and similarities across generations with interactive (experiential) group activity.

#### **Texercise Select: Bringing Proven Health and Wellness to all Texans!** (*Andaman*)

*Speaker(s): Chelsea Couch, Texercise Program Specialist, Texas Health and Human Services Commission; Holly Riley, Aging Services Coordination Manager, Texas Health and Human Services Commission; & Cindy Quinn, EBP Program Manager, Texas A&M Center for Population Health*

**Description:** Texercise Select is an innovative and adaptive program that can help improve health and wellness in your community. Attendees will learn about the research methods used to establish the evidence for Texercise Select, how easily the program can be implemented in their community, and how Texercise Select is replicable and adaptable for their community.





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2:05 PM – 3:00 PM

### Breakout Sessions

#### **Healthy Living for Your Brain and Body: Tips from the Latest Research** (*Rangoon*)

*Speaker(s): Virginia Funk, Director of Programs and Advocacy, Alzheimer's Association*

**Description:** This program is designed to provide current research and practical information on ways to help you age well. The program begins with an overview of how humans age and how the brain works. It is then organized to provide information in four key areas of life.

#### **Aging Texas Veterans from WWII to the Middle East** (*Nepal*)

*Speaker(s): Anna Baker, Manager, Texas Veterans Commission - Women Veterans Program; Bettie Beckworth, Program Director, Health and Human Services Commission – Veteran Services; & Pam Maercklein, Program Specialist, Texas Veterans Commission - Women Veterans Program*

**Description:** As Texas has one of the highest veterans' populations in the US, it is necessary to understand the issues critical to the aging veteran population. This session will provide critical information about the aging Texas veteran population, how to address their unique needs, and where services will be required going forward. Suicide among veterans and a need for focus on female veterans will also be discussed.

#### **The Best of All Worlds: Successful Collaboration in the Intergenerational Workplace** (*Martaban*)

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#### **Get ‘Em While They’re Young: Utilizing Future Health Care Professionals to Deliver Evidence-Based Programs** (*Andaman*)

*Speaker(s): Rachel Foster, Evidence-Based Programs Resource Coordinator, Texas A&M Evidence-Based Program Resource Center & Doris Howell, Assistant Director, Texas A&M Evidence-Based Programs Resource Center*

**Description:** This session will allow participants to understand the history of development and core components of a model for delivering evidence-based programs (EBPs) utilizing in-person nursing students, in-person public health masters' students and counseling psychology doctoral students both in-person and via telehealth. Attendees will learn about current data on the evaluation of this model and identify the successes and challenges of partnership. They will also have the opportunity to discuss how the model can be applied across many health care disciplines.



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3:05 PM – 3:55 PM

### Breakout Sessions

#### **We're Going Places: Travel Training for Area Agencies on Aging** (*Rangoon*)

*Speaker(s): Albert Baca, Travel Options Lead Specialist, Bexar Area Agency on Aging & Siena Lindeman, Regional Mobility Manager, Bexar Area Agency on Aging*

**Description:** Travel documentation is a critical tool that allows us to travel and help our areas. This presentation will help you to define different types of travel training and how it can benefit different client groups, including seniors, veterans, and persons with disabilities. You will also be able to identify resources and partners at the national, state, and local level, including funding, to develop travel training programs in different communities. Lastly, you will learn to utilize resources to design potential local travel training programs adapted to local conditions.

#### **Evaluating the Efficacy of a Regional Care Coalition** (*Nepal*)

*Speaker(s): Judy Conner, Director, Area Agency on Aging of Texoma, Texoma Council of Governments & Randy McBroom, PhD, Deputy Executive Director, Texoma Council of Governments*

**Description:** This presentation will provide participants an enhanced knowledge of the elements of a successful care coalition. Attendees will gain better understanding of the regional care coalition research, data, and data collection methods used to determine the efficacy of a regional care coalition.

#### **Correlates of Health Problems at Senior Centers** (*Martaban*)

*Speaker(s): Keith Whisnant Turner, PhD, Associate Professor, University of North Texas*

**Description:** This session will elaborate on an extensive study that measured the correlates of health problems at Senior Centers. Attendees will learn about the background, purpose, and methodology of the study. The correlation between service utilization and health problems will be explored.

#### **When 9-1-1 calls YOU** (*Andaman*)

*Speaker(s): Kelly Blair, Evidence-Based Programs Special Projects Coordinator, Dallas Area Agency on Aging; Jerromie Jones, EMT, Fire Rescue Officer, Dallas Fire-Rescue; Clinton Page, EMT, Coordinator, Dallas Fire-Rescue Mobile Community Healthcare Program; Regina Trail, EMT, Paramedic, Dallas Fire-Rescue Mobile Community Healthcare Program; & Jessica Walker, Special Projects Manager, Dallas Area Agency on Aging*

**Description:** This presentation will provide attendees a forum to learn about and discuss issues related to aging populations and emergency services. Attendees will collaborate to learn of ways to increase recruitment of participants in evidence-based programs and impact community paramedics' delivery of care to frequent users of 9-1-1 who have chronic conditions. Participants will also have an opportunity to ask questions of Area Agencies on Aging and emergency service personnel.

4:00 PM – 4:50 PM

### Breakout Sessions

#### **Mitigating Geriatric Trauma: A Trauma Injury Prevention Perspective** (*Rangoon*)

*Speaker(s): Karen Mynar, RN, Trauma Injury Prevention Coordinator, Baylor University Medical Center*

**Description:** This session will provide valuable information regarding the prevention of geriatric trauma. Participants will identify the purpose of injury prevention programs supported by Trauma Centers, the top trauma injuries for patients over 65, and the impact that falls have on the patient, family and community.



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### **An Overview: Person-Centered Planning** *(Nepal)*

*Speaker(s): Mary Bishop, Person-Centered Practices Coordinator, Health and Human Services Commission*

**Description:** This session will allow participants to understand the Person-Centered Planning processes using Person-Centered Thinking. Participants will also learn about the structures used to develop individual program plans that support individual life choices while addressing issues of health and safety.

### **Finding the Aging Population in Texas with Census Data** *(Martaban)*

*Speaker(s): Susana Guerra Privett, Data Dissemination Specialist, U.S. Census Bureau - Data Dissemination Branch*

**Description:** Texas ranks as the third state in the nation having the highest aging population. This presentation will be an overview of census data that will show attendees the range of topics and tables available to assess a community for the aging population.

### **MUSIC & MEMORY: How to Improve the Quality of Life & Reduce Anti-Psychotic Use** *(Andaman)*

*Speaker(s): Stephanie Hoffman, Regional Director, Central U.S. Music and Memory*

**Description:** This session will allow participants to understand the neurophysiological benefits of the Music & Memory program. Attendees will be able to understand the program and how it is implemented into long-term care facilities, as well as the training objectives and outcomes of Music & Memory.

5:00 PM – 6:30 PM **Welcome Reception** *(Salons A-E)*

Join your fellow attendees in the exhibit hall for some tasty appetizers, refreshments, exciting local entertainment, and opportunities to win prizes!

## Thursday, July 13, 2017

8:00 AM - 5:00 PM **Registration Desk Hours**

8:00 AM - 2:00 PM **Exhibit Hall Hours** *(Salons A-E)*

9:00 AM - 9:50 AM **Breakout Sessions**

### **Working with People who are Hard of Hearing: Hearing Aids and Communication Strategies** *(Rangoon)*

*Speaker(s): Rose Aird Minette, Communication Access Specialist, Health and Human Services Commission - Office of Deaf and Hard of Hearing Services*

**Description:** Hearing aids are a great first step but have limitations in challenging situations such as meetings, on the phone, or in noise. We will discuss optimizing hearing aid benefits and communication strategies which will minimize frustrations and ensure successful communication.



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### **Aging Texas Veterans from WWII to the Middle East** *(Nepal)*

*Speaker(s): Anna Baker, Manager, Texas Veterans Commission - Women Veterans Program; Bettie Beckworth, Program Director, Health and Human Services Commission – Veteran Services; & Pam Maercklein, Program Specialist, Texas Veterans Commission - Women Veterans Program*

**Description:** As Texas has one of the highest veterans' populations in the US, it is necessary to understand the issues critical to the aging veteran population. This session will provide critical information about the aging Texas veteran population, how to address their unique needs, and where services will be required going forward. Suicide among veterans and a need for focus on female veterans will also be discussed.

### **Networking to Develop Partnerships** *(Martaban)*

*Speaker(s): Will Armstrong, Marketing Director, Texas Health and Human Services – Aging Services Coordination*

**Description:** Partnerships between aging agencies and other organizations are critical to development, improvement, and growth. This session will help attendees to have a better understanding of what their organizations can provide and offer other community-based organizations. Attendees will practice professional networking and walk away with a better understanding of the value of partnerships and how they can help their agencies.

### **Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow – Part I** *(Andaman)*

*Speaker(s): Mona Bailey, Speaker Pro Tempore, Texas Silver Haired Legislature; Colette Pientok, DPT, Manager, Memorial Hermann Sports Medicine and Rehabilitation; Cindy Quinn, EBP Program Manager, Texas A&M Center for Population Health; & Holly Riley, Aging Services Coordination Manager, Texas Health and Human Services*

**Description:** This session will allow participants to understand the prevalence and costs of falls in Texas-physically, financially, and mentally. Participants will learn about the mission, goals, activities, and committee focus of the Texas Falls Prevention Coalition, as well as how they can make an impact in their community for fall prevention awareness activities.

## 10:00 AM – 10:50 AM **Breakout Sessions**

### **Assistive Technology and Resources for Persons with Hearing Loss** *(Rangoon)*

*Speaker(s): Rose Aird Minette, M.A., Communication Access Specialist, Health and Human Services Commission - Office of Deaf and Hard of Hearing Services*

**Description:** Information will be shared on hearing aid alternatives when a client has limited funding to purchase one. A variety of assistive technology will be displayed and explained. Resources available locally and from the state will be shared, such as the STAP telephone assistance program, outreach sites, advocacy, and more.

### **Leveraging Resources from the Inside Out: The Benefits of Advisory Committees** *(Nepal)*

*Speaker(s): Debbie Hall, Grant Coordinator, Health and Human Services Commission; Nicole Hawk, Grant Coordinator, Health and Human Services Commission; & Wendy Francik, PhD, Grant Coordinator, Health and Human Services Commission*

**Description:** This session will allow participants to learn about the role of the Aging and Disability Resource Centers (ADRCs) in Texas. Participants will learn about the legislative requirements for the formation of ADRC and





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Texas Lifespan Respite Care Program (TLRCP) advisory committees at both the state and local levels. Best practices regarding the process of forming and sustaining effective advisory committees will be reviewed, as well as how they contribute to improved services.

### **Under One Roof: Multiple Generations Living in the Same House** *(Martaban)*

*Speaker(s): Lynda Taylor Ender, Director, Advocacy Group for Elders, The Senior Source*

**Description:** This presentation will allow participants to be more aware of the prevalence of multiple generations living in one household. Participants will be trained on planning for a successful, multigenerational living situation, as well as becoming aware of some tools to help with resolving conflict.

### **Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow – Part II** *(Andaman)*

*Speaker(s): Mona Bailey, Speaker Pro Tempore, Texas Silver Haired Legislature; Colette Pientok, DPT, Manager, Memorial Hermann Sports Medicine and Rehabilitation; Cindy Quinn, EBP Program Manager, Texas A&M Center for Population Health; & Holly Riley, Aging Services Coordination Manager, Texas Health and Human Services*

**Description:** This session will allow participants to understand the prevalence and costs of falls in Texas—physically, financially, and mentally. Participants will learn about the mission, goals, activities, and committee focus of the Texas Falls Prevention Coalition, as well as how they can make an impact in their community for fall prevention awareness activities.

11:00 AM - 1:30 PM      **LUNCH ON YOUR OWN**

1:30 PM – 2:00 PM      **Exhibit Hall Closing & Dessert** *(Salons A-E)*

2:00 PM - 2:50 PM      **Breakout Sessions**

### **Transfer on Death Deed: Avoiding the Pitfalls of Probate** *(Rangoon)*

*Speaker(s): Paul Zambie, Managing Attorney, Texas Legal Services Center – Transfer on Death Deed Project*

**Description:** The Transfer on Death Deed (TODD) allows Texas property owners to transfer real property to heirs without the need for a will and without the need for probate. The session will outline the benefits of the TODD, which serves to unify titles, avoid the court costs associated with probate, and exempt the property from Medicaid estate recovery (MERP).

### **The Intersection of Neurocognitive Disorders and Medical Decision-Making** *(Nepal)*

*Speaker(s): John Ross, Partner & Attorney, Ross & Shoalmire Law Firm*

**Description:** This session will provide participants critical information regarding medical decision-making and neurocognitive disorders. Participants will learn to recognize the difference between medical incapacity and legal incompetence. Attendees will become more educated on how to apply the law to various medical decision-making scenarios, as well as when and how court involvement affects medical treatment decisions.



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### **The Village Movement in Texas** (Martaban)

*Speaker(s): Tommi Ferguson, Executive Director, Capital City Village*

**Description:** This session will provide participants with an increased knowledge and understanding of the work of locally operated nonprofit “village” organizations working to serve seniors primarily through a dedicated set of volunteers. Participants will also be able to understand the wellness benefits of a pilot program of quasi-case management for vulnerable older adults delivered by specially trained volunteers and oversight from a social worker.

### **The Aging Network: Educating Health Professionals for Tomorrow** (Andaman)

*Speaker(s): Lesca Hadley, MD, Director, John Peter Smith Hospital - Geriatrics Fellowship; Jennifer Severance, PhD, Assistant Professor, Institute for Healthy Aging at the University of North Texas Health Science Center - Center for Geriatrics; Sherry Simon, RDN, Vice President of Nutrition and Health Programs, Meals on Wheels of Tarrant County; & Don Smith, Director, United Way’s Area Agency on Aging*

**Description:** The purpose of this session is to educate aging professionals on potential future implications for the aging network in Texas. Participants will learn to identify driving forces providing unique opportunities to integrate geriatric education and the aging network in developing the geriatric workforce. They will also be able to define key elements and best practices for academic, nonprofit, and healthcare partnerships to develop clinical geriatric training. Lastly, participants will also learn to formulate partnership strategies to integrate aging community services into geriatric education while expanding current community programs.

### 3:00 PM - 3:50 PM **Breakout Sessions**

### **Powers of Attorney for Adults 50+: Tool to Protect or Exploit?** (Rangoon)

*Speaker(s): Alexis Goldate, Assistant District Attorney, Dallas County & Steve Benton, Financial Coach and Counselor, Elder Financial Safety Center*

**Description:** In this session, participants will learn how to distinguish between the different types of powers of attorney, understand their intended purpose, and apply the appropriate power of attorney to a client’s situation, if applicable. The participants will learn the misuse and abuses of the fiduciary responsibility of powers of attorney and be able to recognize the red flags of powers of attorney financial abuse. Local and national resources to report suspected powers of attorney abuse and how to identify the criminal penalties associated with this type of abuse will also be discussed.

### **Depression is NOT a Normal Part of Aging - Part I** (Nepal)

*Speaker(s): Heidi Davis, Director of Community-Based Services, Outreach Health Services*

**Description:** This session will educate attendees on recognizing and treating depression in aging populations. Attendees will learn about the prevalence of depression in the 65+ population, how to identify the symptoms of depression, and how to understand risk factors for suicide. Attendees will also learn about depression treatment methods and how to utilize the different intervention methods for someone who has depression.

### **Age Well Live Well: Be Connected** (Martaban)

*Speaker(s): Holly Riley, Aging Services Coordination Manager, Texas Health and Human Services & Claire Irwin, Program Coordinator II, Texas Health and Human Services*



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**Description:** This session will cover the importance of connection in healthy aging and how being connected fits into Texas Health and Human Service's Age Well Live Well campaign. We will talk about how being engaged can help to reduce the growing issue of isolation, share existing opportunities to encourage engagement, and brainstorm innovative activities and program ideas.

### **Meeting the Needs of Caregivers with Evidence-Based Programs** (*Andaman*)

*Speaker(s): Debbie Billa, Grants Manager, WellMed Charitable Foundation & Carol Zernial, Executive Director, WellMed Charitable Foundation*

**Description:** This session will elaborate on the challenges faced by family caregivers. Participants will learn about the development and effectiveness of the Stress-Busting Program for Family Caregivers, as well as its adaptations.

4:00 PM - 4:50 PM      **Breakout Sessions**

### **Measuring Quality in Long-Term Supports and Services Programs** (*Rangoon*)

*Speaker(s): Camille Dobson, Deputy Executive Director, National Association of States United for Aging and Disabilities; Samantha O'Leary, Director, UnitedHealthcare Community & State – Medicaid Policy; & Leah Rummel, Vice President Strategic Accounts, UnitedHealthcare Community Plan of Texas*

**Description:** Quality plays an important part in transparency and management of effective programs. To make evidence-based decisions on program design, states need to have measures that provide data on the outcomes of their programs. This section will explore these dynamics and the implications for individuals receiving services, providers, and states.

### **Depression is NOT a Normal Part of Aging - Part II** (*Nepal*)

*Speaker(s): Heidi Davis, Director of Community Based Services, Outreach Health Services*

**Description:** This session will educate attendees on recognizing and treating depression in aging populations. Attendees will learn about the prevalence of depression in the 65+ population, how to identify the symptoms of depression, and how to understand risk factors for suicide. Attendees will also learn about depression treatment methods and how to utilize the different intervention methods for someone who has depression.

### **Be Healthy: Food Security and Nutrition for Older Adults** (*Martaban*)

*Speaker(s): Chelsea Couch, Texercise Program Specialist, Health and Human Services Commission & Holly Riley, Aging Services Coordination Manager, Health and Human Services*

**Description:** This session will cover the importance of food security and nutrition as part of healthy aging. We will talk about resources and programs that can help reduce food insecurity in older adults as well as educate older Texans on healthy eating techniques.

### **Caregiving as a Human Rights Issue: As International Perspective** (*Andaman*)

*Speaker(s): Carol Zernial, Executive Director, WellMed Charitable Foundation & Lyda Arevalo-Flechas, PhD, Program Coordinator, State Veteran's Home Telehealth Program*

**Description:** The human rights of caregivers is a growing discussion in the global workforce. This session will help attendees understand how human rights of caregivers can be compared against existing human rights, articulate the importance of caregiving rights with growing aging populations internationally, and understand how cultural differences can impact the approach to the human rights discussion.



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### Friday, July 14, 2017

8:00 AM - 11:00 AM **Registration Desk Hours**

8:00 AM - 8:50 AM **Breakout Sessions**

#### **The Importance of Social Media for Senior Job Seekers** (*Rangoon*)

*Speaker(s): Andrea Anderson, Employment Specialist, The Senior Source – Senior Employment Program & Claire Turner, Director, The Senior Source – Senior Employment Program*

**Description:** Everyone knows networking is the most effective way to find your next job...but today, this entails having an updated, diverse method of networking. Ninety-two percent of recruiters use LinkedIn to identify qualified candidates for their openings, so in this digital age, older workers must either join the ranks of those utilizing social media or miss out! In this informative presentation, we will explain how The Senior Source has eliminated the fear of social media, establish how critical its use is, and provide some how-to's of effectively navigating this newer technique.

#### **Veteran Directed Services - Texas Style: The VA and the Bexar Area Agency on Aging Working Together for Our Veterans** (*Nepal*)

*Speaker(s): Susan Blevins, Care Transitions Intervention Coach, Bexar Area Agency on Aging, Veteran Directed Home and Community Based Service & Stella Newberger, Clinical Social Worker and Program Coordinator, Department of Veterans Affairs*

**Description:** The veteran directed – home and community based service is designed to help veterans remain in their homes or with family based on medical needs as opposed to having to live in a long-term facility. Working together, the VA and the Bexar Area Agency on Aging have partnered successfully with promising results for our veterans.

#### **Age-Friendly Cities: Factors Influencing Age-Friendly Policy Action** (*Martaban*)

*Speaker(s): Laura Keyes, PhD, Adjunct Professor, University of North Texas*

**Description:** This session explores the next frontier of age-friendly policy and programs, and how communities can position themselves on the leading edge. Recent empirical research examines city management, leadership, and advocacy to the needs of a population aged 65 and older illustrated through the tangible actions of age-friendly policy adoption.

#### **The Good, the Bad and the Truth: Lessons Learned from the CDSMP/DSMP North Texas Consortium** (*Andaman*)

*Speaker(s): Christina Bartha, Director of Programs, Sixty and Better; Kelly Blair, Evidence-Based Programs Special Projects Coordinator, Dallas Area Agency on Aging; Cindy Quinn, EBP Program Manager, Texas A&M Center for Population Health; Jessica Walker, Evidence-Based Programs Special Projects Manager, Dallas Area Agency on Aging; & Laura Wolfe, PhD, Volunteer and Evidence Based Program Coordinator, Area Agency on Aging of North Central Texas*

**Description:** This session elaborates on the key points learned from the CDSMP/DSMP North Texas Consortium. This presentation will help attendees to formulate an implementation plan that will attract volunteers to become lay leaders, recruit participants and increase graduation rates in their service area, and analyze the challenges they face during implementation and ongoing program activities.





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### Closing Breakfast & Keynote Address *(Mandalay)*

#### Sponsor Spotlight

##### **Carol Zernial, Executive Director, WellMed Foundation**

Carol Zernial holds a master's degree in social gerontology and has been involved in the field of aging for over 20 years. Her background includes work for the 1995 White House Conference on Aging, the American Association of Homes and Services for the Aging (LeadingAge), and Chair of the National Institute of Community-based Long-term Care. She received the 2008 Outstanding Professional in Aging Award in Texas for her contributions to the field of aging in the area of evidence-based disease prevention and health promotion.

Carol currently serves as the Executive Director of the WellMed Charitable Foundation and Vice-President of Community Relations for WellMed Medical Management. She is Chair of the Board of Directors for the National Council on Aging, and a member of the governor's Aging Texas Well Advisory Committee.

#### Keynote Address



##### **Dr. Bryan DeMarie, Medical Director for Senior Care, USMD Population Health Management**

Dr. Demarie earned his doctorate from Louisiana State University School of Medicine at Shreveport. He has extensive experience in the medical field with over 30 years of practice and is board certified by the American Board of Internal Medicine. Dr. Demarie currently serves as a Physician for USMD Hospital in Irving and specializes in internal medicine.

##### **Healthcare without Limits**

The practice of healthcare is rapidly changing to recognize the role of community. Changes in behavior that are needed for good health take place at home, in senior centers, and outside the clinic walls. The combined strength of aging services providers could impact population health for seniors using a holistic approach: mind, body, and spirit. The session will highlight the role of community in health, where healthcare for seniors is going, and how we can all be a part of the solution.

#### Presentation of 2017 Aging in Texas Awards



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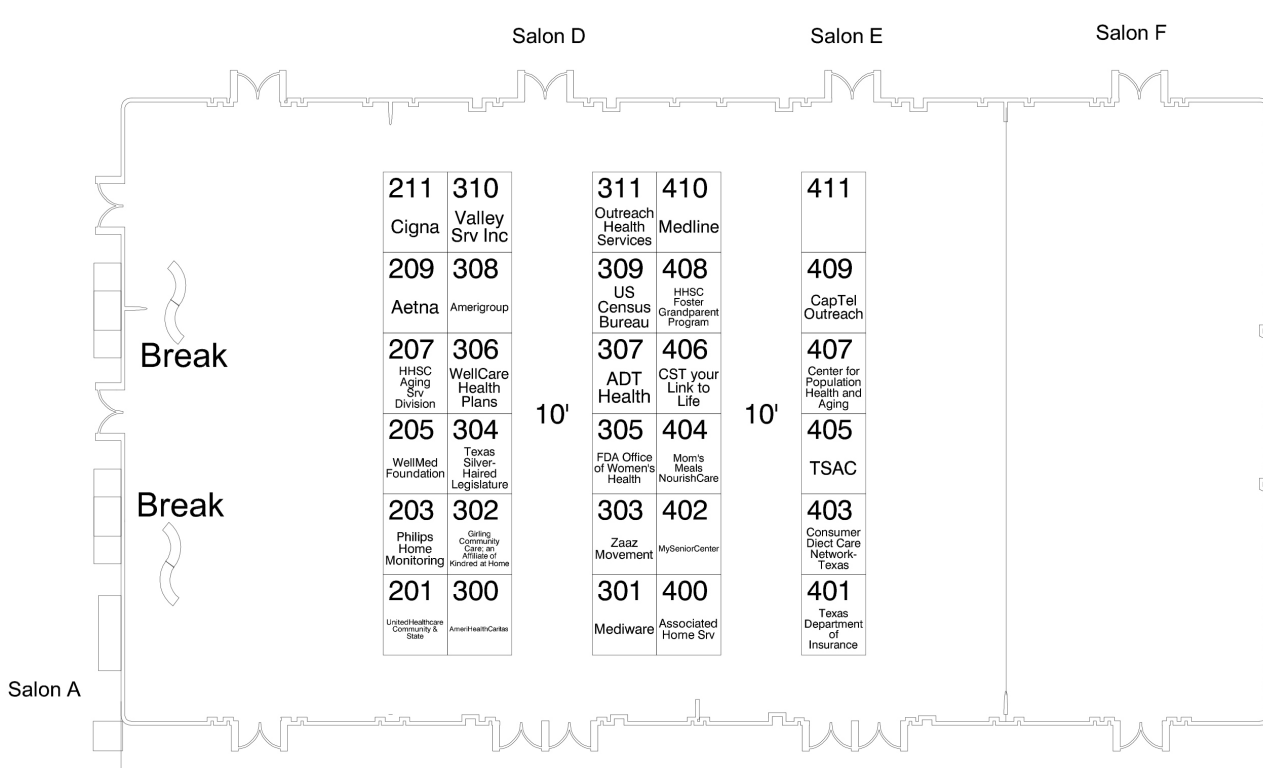


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## EXHIBIT HALL GUIDE

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### Meet your Conference Presenters

#### **Andrea Anderson**

Andrea Anderson earned her bachelor's degree in journalism and communications from Georgia State University in Atlanta, GA. Currently, Andrea serves as the employment specialist for the senior employment program at the Senior Source in Dallas, Texas. In this role, Andrea helps seniors find employment through a personalized support system.

#### **Lyda Arévalo-Flechas, PhD**

Dr. Lyda Arévalo-Flechas has earned a reputation for cutting-edge research on the factors influencing Hispanic caregivers' perception of the experience of caring for a relative with Alzheimer's disease nationally and internationally. Dr. Flechas' nursing career spans more than 29 years, including working as an operating room nurse, teaching university students, and becoming a researcher. In addition to obtaining her RN, MSN, and PhD in nursing, Dr. Flechas was named a Distinguished Teaching Professor, held the William F. Castella Endowed Professorship in Aging Research, and was inducted into the San Antonio Women's Hall of Fame.

#### **Will Armstrong**

Will Armstrong earned his master's degree in social work, concentrating in gerontology, at the University of Wisconsin. He currently serves as the marketing director for the Aging Services Coordination Unit of the Texas Health and Human Services Commission. In this position, he develops statewide partnerships with public, non-profit, and private organizations with the goal of providing better opportunities for older adults to age well.

#### **Albert Baca**

Albert earned his bachelor's degree in occupational education. He currently serves as the travel options lead specialist for the Bexar Area Agency on Aging, providing supervision of travel training programs. In this role, Albert coordinates and oversees the Via Travel Training grant, including program implementation, client services, and fiscal tracking.

#### **Mona Bailey**

Mona graduated from Baylor University with her bachelor's degree in education and went on to work in management for Electronic Data Systems. In 2011, Mona was elected to the Texas Silver-Haired Legislature where she is currently serving as the Speaker Pro Tempore. Mona also serves on the board of Texas Falls Prevention Coalition and as an active volunteer in her community.

#### **Anna Baker**

Anna Baker is the manager of the Texas Women Veterans Program and an Air Force veteran. She received her bachelor's degree in accounting from Schreiner University and her MBA from Baylor University. Before joining the Texas Veterans Commission, she led sales and operations for Dell, Inc. and for Tech Data Corporation. She brings those skills to the Women Veterans Program to coalesce the many veteran service organizations around a holistic approach to helping women veterans and their families.





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### **Christina Bartha**

Christina earned her master's degree in applied gerontology and is pursuing her PhD in gerontology and leadership. She currently serves as director of programs for Sixty and Better, where she is responsible for the implementation programs serving seniors in Tarrant County. Christina is a Master Trainer in both the Chronic Disease Self-Management Program and A Matter of Balance, as well as a trained facilitator for Blue Zones Project Purpose Workshops.

### **Bettie Peebles Beckworth**

Bettie holds a master's degree in higher education administration from Vanderbilt University. She currently serves as the Texas Health and Human Services Commission Program Director for Veteran Services. Bettie also has over 25 years of executive management experience in academic medicine, healthcare, and education. Additionally, her extensive experience with veterans, service members, families, and federal partners gives her unparalleled insight into veterans' issues.

### **Steve Benton**

Steve Benton earned his bachelor's degree in business administration, concentrating in finance and management from Texas Christian University. Steve has over 40 years of experience in the financial services industry and currently helps older adults avoid the dangers of financial exploitation as the Elder Financial Safety Center Financial Counselor at The Senior Source. The Senior Source assists older adults, at all income levels, from the most active to the very frail.

### **Debbie Billa**

Debbie Billa received her bachelor's degree in psychology and social work from the University of Texas. She retired from the Texas Department of Human Services after serving for 30 years as the regional director of the Long-Term Care Services Program. She subsequently served as the director of the Alamo Area Agency on Aging with the Alamo Area Council of Governments and is now employed as the grants manager for the WellMed Charitable Foundation.

### **Mary Bishop**

Mary earned her bachelor's and master's degrees in social work. She has served those in nursing homes, hospice, home health, and behavioral health. She currently serves as a person-centered practices coordinator for the Health and Human Services Commission. Mary is also a certified person-centered thinking trainer, a role in which she has taught in junior colleges and continues to focus on improving the quality of life for those she serves.

### **Kelly Blair**

Kelly earned her master's degree in behavior and community health and is certified in public health. She currently serves as the evidence-based programs special projects coordinator for the Dallas Area Agency on Aging. Kelly is also a certified Master Trained for Maine Health's A Matter of Balance program, Stanford University's Diabetes & Chronic Disease Self-Management Program, and the Stress Busting for Family Caregivers program.

### **Susan Blevins**

Susan has worked in case management for over 25 years and currently serves as a care transitions intervention coach for the Bexar Area Agency on Aging. In this role, she serves veterans who are at risk of nursing home placement and their family caregivers. Susan has been recognized throughout her career, being chosen as the Young Careerist of the Year, Women's Ministry Motivator, and the Southeast Business and Professional Women's Club President.

# 2017 Aging in Texas Conference Schedule

Wednesday, July 12, 2017

|                     |   |  |   |  |
|---------------------|---|--|---|--|
| 8:00 AM - 5:00 PM   | Registration Desk Hours   |  |   |  |
| 8:00 AM - 11:00 AM  | Exhibit Hall Set-Up   |  |   |  |
| 12:30 PM - 5:00 PM  | Exhibit Hall Hours  |  |   |  |
| 11:00 AM - 12:30 PM | Welcome Luncheon & Keynote Address: Wayne Salter, Texas Health & Human Services Commission and Janet Grant, Aetna Medicaid (Mandalay) |  |   |  |
| 12:30 PM - 1:00 PM  | Exhibit Hall Grand Opening & Dessert (Salons A - E)   |  |   |  |
|                     | Life Enrichments  | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 1:05 PM - 2:00 PM   | Condition-Focused Nutrition and Impact on at-Risk Patients  | Delivering Quality Cost-Efficient Nutrition Services | The Best of All Worlds: Successful Collaboration in the Intergenerational Workplace | Texercise Select: Bringing Proven Health and Wellness to all Texans!                                       |
|                     | Rangoon   | Nepal  | Martaban  | Andaman  |
|                     | Life Enrichments  | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 2:05 PM - 3:00 PM   | Healthy Living for Your Brain and Body: Tips from the Latest Research   | Aging Texas Veterans from WWII to the Middle East    | The Best of All Worlds: Successful Collaboration in the Intergenerational Workplace | Get 'Em While They're Young: Utilizing Future Health Care Professionals to Deliver Evidence-Based Programs |
|                     | Rangoon   | Nepal  | Martaban  | Andaman  |
|                     | Life Enrichments  | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 3:05 PM - 3:55 PM   | We're Going Places: Travel Training for Area Agencies on Aging  | Evaluating the Efficacy of a Regional Care Coalition | Correlates of Health Problems at Senior Centers                                     | When 9-1-1 calls YOU   |
|                     | Rangoon   | Nepal  | Martaban  | Andaman  |
|                     | Life Enrichments  | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 4:00 PM - 4:50 PM   | Mitigating Geriatric Trauma: A Trauma Injury Prevention Perspective   | An Overview: Person-Centered Planning                | Finding the Aging Population in Texas with Census Data                              | MUSIC & MEMORY™: How to Improve the Quality of Life & Reduce Anti-Psychotic Use                            |
|                     | Rangoon   | Nepal  | Martaban  | Andaman  |
| 5:00 PM - 6:30 PM   | Welcome Reception with Special Local Entertainment (Salons A - E)   |  |   |  |

Thursday, July 13, 2017

|                   |                                   |          |             |   |
|-------------------|-----------------------------------|----------|-------------|---|
| 8:00 AM - 5:00 PM | Registration Desk Hours           |          |             |   |
| 8:00 AM - 2:00 PM | Exhibit Hall Hours (Salons A - E) |          |             |   |
|                   | Life Enrichments                  | Services | Communities | Evidence-Based Programs Sponsored by the WellMed Foundation |

|                              |  |          |  |   |  |
|------------------------------|--|----------|--|---|--|
| 9:00 AM - 9:50 AM            | Working with People who are Hard of Hearing: Hearing Aids and Communication Strategies   | Rangoon  | Aging Texas Veterans from WWII to the Middle East  | Networking to Develop Partnerships                                  | Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow - Part I  |
|                              | Life Enrichments   | Nepal    | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 10:00 AM - 10:50 AM          | Assistive Technology and Resources for Persons with Hearing Loss   | Rangoon  | Leveraging Resources from the Inside Out: The Benefits of Advisory Committees  | Under One Roof: Multiple Generations Living in the Same House       | Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow - Part II |
| 11:00 AM - 1:30 PM           | Lunch on your Own  | Nepal    |  |   |  |
| 1:30 PM - 2:00 PM            | Exhibit Hall Closing & Dessert (Salons A - E)  |          |  |   |  |
|                              | Life Enrichments   | Services |  | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 2:00 PM - 2:50 PM            | Transfer on Death Deed: Avoiding the Pitfalls of Probate   | Rangoon  | The Intersection of Neurocognitive Disorders and Medical Decision-Making   | The Village Movement in Texas                                       | The Aging Network: Educating Health Professionals for Tomorrow   |
|                              | Life Enrichments   | Nepal    | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 3:00 PM - 3:50 PM            | Powers of Attorney for Adults 50+: Tool to Protect or Exploit?   | Rangoon  | Depression is NOT a Normal Part of Aging - Part I  | Age Well Live Well: Be Connected                                    | Meeting the Needs of Caregivers with Evidence-Based Programs   |
|                              | Life Enrichments   | Nepal    | Services   | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 4:00 PM - 4:50 PM            | Measuring Quality in Managed Long-Term Supports and Services Programs  | Rangoon  | Depression is NOT a Normal Part of Aging - Part II   | Be Healthy: Food Security and Nutrition for Older Adults            | Caregiving as a Human Rights Issue: An International Perspective   |
|                              |  | Nepal    |  |   |  |
| <b>Friday, July 14, 2017</b> |  |          |  |   |  |
| 8:00 AM - 11:00 AM           | Registration Desk Hours  |          |  |   |  |
|                              | Life Enrichments   | Services |  | Communities   | Evidence-Based Programs Sponsored by the WellMed Foundation  |
| 8:00 AM - 8:50 AM            | The Importance of Social Media for Senior Job Seekers  | Rangoon  | Veteran Directed Services - Texas Style: The VA and the Bexar Area Agency on Aging Working Together for Our Veterans | Age-Friendly Cities: Factors Influencing Age-Friendly Policy Action | The Good, the Bad and the Truth: Lessons Learned from the CDSMP/DSMP North Texas Consortium                          |
|                              |  | Nepal    |  |   |  |
| 9:00 AM - 11:00 AM           | Closing Breakfast & Keynote Address : Dr. Bryan DeMarie, M.D., Medical Director for Senior Care at USMID Population Health Management (Monday) | Rangoon  |  |   |  |



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### **Patricia Bordie**

Patricia earned her master's degree in public administration, as well as a certificate in gerontology from the University of Georgia. She is the director of the Area Agency on Aging and Aging and Disability Resource Center at the Capital Area Council of Governments. Patricia has spent her career in the aging network serving older adults and their caregivers in local, regional and state level programs.

### **Judy Conner**

Judy Conner earned a bachelor's degree in social gerontology and a master's degree in applied gerontology with an emphasis in the administration of agency services. She currently serves as the Texoma Council of Governments' Area Agency on Aging's program manager. Judy has earned numerous awards for her work, including the prestigious award of Credentialed Professional Gerontologist from the National Association of Professional Gerontologists.

### **Chelsea Couch**

Chelsea earned her bachelor's degrees in nutrition and food science and health and fitness management with a minor in business administration from Texas State University. She currently serves as the statewide Texercise program coordinator. Her work involves developing local and statewide health initiatives that encourage individuals and communities to engage in healthy lifestyles.

### **Heidi Davis**

Heidi earned her master's degree in psychological counseling, concentrating gerontology and clinical psychology, from Notre Dame University. She has also completed certificate programs in care management, ethical issues with the elderly, and mental health issues with the elderly. Heidi is a certified licensed clinical professional counselor and Alzheimer and dementia specialist who has worked in home and community-based services for over 25 years.

### **Camille Dobson**

Camille earned both her bachelor's degree in international affairs and her master's degree in public administration from George Washington University in Washington, D.C. She has served for the past 3 years as the deputy executive director for the National Association of States United for Aging and Disabilities (NASUAD). In this role, Camille provides technical assistance to states on the full array of long-term services and supports (LTSS) programs.

### **Lynda Taylor Ender**

Lynda earned her bachelor's degrees in education and art education. She currently serves as the advocacy group for elders director for the Senior Source. Lynda has been an advocate for the elderly for over 18 years and was awarded the "Champion for Seniors" award by the Dallas County Adult Protective Services. She also serves on Congresswoman Eddie Bernice Johnson's Senior Advisory Committee.

### **Tommi Ferguson**

Tommi earned her master's degree in community and regional planning from the University of Texas at Austin. She currently serves as the executive director for Capital City Village, which provides participating seniors the help and information they need to successfully age in their communities and homes. Tommi has 7 years of experience working with village organizations.





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### **Rachel Foster**

Rachel Foster earned her bachelor's degree in community health from Texas A&M University. She currently serves as the evidence-based programs resource coordinator for the Texas A&M Evidence-Based Program Resource Center. Rachel is also a master trainer in several evidence based programs, including Cancer: Thriving and Surviving, Fit & Strong!, and the Community Stress-Busting Program. Rachel has been working with evidence based programs for over 6 years.

### **Wendy Francik, PhD**

Dr. Wendy Francik earned her PhD in education and her master's degrees in health research and communication studies from Texas State University. Dr. Francik has worked for health and human services state agencies for over 25 years. For the last 2 years, she has worked for the Texas Health and Human Services Commission as a grant coordinator in the Community Access and Grants Unit, overseeing the aging and disability resource center and lifespan respite care.

### **Alexis Goldate, JD**

Alexis earned her juris doctorate from Texas Wesleyan University School of Law and graduated magna cum laude from Texas Woman's University. She joined the Dallas County District Attorney's office in April 2014 as an assistant district attorney. Alexis is currently assigned to the Elder Abuse Unit, which is part of the Elder Financial Safety Center. She provides training to law enforcement agencies on how to investigate and prosecute crimes unique to elder abuse.

### **Lesca Hadley, MD**

Dr. Lesca Hadley earned her medical doctorate from Texas Tech University and has over 15 years of experience in family medicine and geriatrics. She currently serves as the director of the geriatrics fellowship for JPS Hospital in Fort Worth. Dr. Hadley currently teaches geriatrics to students, residents, and physicians in multiple international settings. She is also the President-Elect of the Texas Geriatrics Society.

### **Debbie Hall**

Debbie Hall earned her master's degree in counseling psychology from Texas Woman's University and her bachelor's degree in psychology from the University of Texas-Dallas. She has over 13 years of experience working for the state of Texas. Debbie currently serves as a grant coordinator with the Office of Aging and Disability Resource Centers, which provides oversight and support to the 22 Aging and Disability Resource Centers in Texas.

### **Nicole Hawk**

Nicole Hawk earned her bachelor's and master's degrees in social work from Texas State University. She is a licensed master social worker and currently serves as a grant coordinator with the Office of Aging and Disability Resource Centers. Nicole has 7 years of experience with the State of Texas in Health and Human Services agencies.

### **Stephanie Hoffman**

Stephanie grew up in a small town where neighbors knew each other and looked out for one another. This worldview has guided her professional career in her home state of Texas. She is the former director of AGE of Central Texas Adult Day Health Center, where she pioneered person-centered care. Stephanie is now the regional director of Music & Memory and acting vice president of education and training for the Texas Culture Change Coalition. Stephanie is inspired by those who think differently and believes that strong, creative collaboration is key to positive change in long-term care.



## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### **Doris Howell**

Doris Howell earned her bachelor's degree in sociology from Texas A&M University and a master's degree in social and behavioral Health from the Texas A&M Health Science Center School of Rural Public Health. She currently serves as the assistant director of the Texas A&M Evidence-Based Programs Resource Center in the Department of Health Promotion and Community Health Sciences at the Texas A&M School of Public Health. She is a trained lay leader for HomeMeds, Fit & Strong!, and Texercise, and has led a variety of workshops and trainings.

### **Jerromie Jones**

Jerromie graduated with his Emergency Medical Technician certification from the University of Texas-Southwestern. He currently serves as a fire-rescue officer and mobile community health paramedic for Dallas Fire and Rescue. Jerromie has extensive expertise as a paramedic and provides valuable insight to the Mobile Community Healthcare Program and emergency services.

### **Laura Keyes, PhD**

Dr. Laura Keys is a doctoral candidate in the Department of Public Administration at the University of North Texas. Dr. Keyes has conducted various national studies on aging and the role of local governments. She has also worked with the Atlanta Regional Commission on housing and transportation policy and services for older adults. Dr. Keyes has academic expertise in aging policy, authoring 10 academic publications covering topics on aging policy and more.

### **Siena Lindemann**

Siena earned her master's degree in adult and continuing education from the University of Texas at San Antonio. She currently serves as the regional mobility manager for the Bexar Area Agency on Aging. In this role, Siena supervises mobility programs, veteran transportation, and travel training programs for the Alamo and Bexar Area Agencies on Aging. Her hard work has resulted in the ability of over 10 agencies to partner in obtaining cost-free travel training certifications.

### **Catherine Macpherson**

Catherine earned her master's in human nutrition from the University of Minnesota and her bachelor's degree from the University of Michigan. She is a Registered Dietitian and has worked in the field of health and chronic condition management for over 20 years. Catherine is also the vice president of product strategy and development and chief nutrition officer for PurFoods, the leading national provider of home-delivered meals.

### **Pam Maercklein**

Pam Maercklein served in the Air Force for 8 years and earned her master's degree in education under vocational rehabilitation from the University of Texas-Austin. Pam currently works as a program specialist for the Women Veterans Program at the Texas Veterans Commission. She has over 9 years of experience working for the Texas Veterans Commission.

### **James Randy McBroom, PhD**

Dr. Randy McBroom holds bachelor's and master's degrees in sociology and criminal justice, and a PhD in sociology. He spent nearly 30 years at Texas A&M University-Commerce, first as a tenured faculty member, then in administration. Dr. McBroom has a long history of academic achievement and public service. He currently serves the Texoma Council of Governments, Bonham Independent School District Board of Trustees, and other reputable organizations.



## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### **Rose Aird Minette**

Rose received her master's degree in deaf education from the University of Texas and has background in education, deafness, sign language interpreting, basic audiology and contract oversight. She is employed by the Health and Human Services Commission, Office of Deaf and Hard of Hearing Services and has over 20 years of experience. She provides training to employers, sign language interpreters, persons with hearing loss, state agency staff, vocational rehabilitation counselors, audiologists, and the public.

### **Karen Mynar**

Karen Mynar, BSN, RN, CEN, earned her bachelor's degree in nursing at the University of Manitoba and currently serves as a trauma injury prevention coordinator for Baylor University Medical Center. She has 22 years of experience in emergency care and 17 years of experience educating nurses and emergency medical responders about trauma care. Karen was recently nominated by Baylor University Medical Center for the Dallas Fort Worth Hospital Council Nurse of the Year.

### **Stella Newberger**

Stella earned her master's degree in social work from Texas State University. She currently serves as a clinical social worker and veteran-directed home and community based services program coordinator for the South Texas Veterans Health Care System and has worked in inpatient long-term care, geriatric primary care, and community adult day health care and respite care programs.

### **Linda Netterville**

Linda received her master's degree from the University of Texas and is a Registered Dietician currently employed by Meals on Wheels America as the vice president of program development and impact. She also acts as the project director for the National Resource Center on Nutrition and Aging. Linda has been employed as the state nutritionist for the Texas Department on Aging; executive director of a non-profit rural nutrition program; and nutrition program manager for an Area Agency on Aging.

### **Samantha O'Leary**

Samantha holds a master's degree in public policy from American University's School of Public Affairs and a bachelor's degree in English and philosophy from Gettysburg College. She currently serves as director of Medicaid policy for UnitedHealthcare Community & State. In this role, Samantha has developed expertise in a series of policy-focused roles across business development and consulting.

### **Clinton Page**

Clinton earned his bachelor's degree in criminal justice. He currently serves as the lieutenant and coordinator of the Dallas Fire-Rescue Mobile Community Healthcare Program, which offers assistance and resources to City of Dallas residents to minimize the need for 9-1-1 over-utilization. Clinton provides valuable expertise and knowledge of emergency services and their operations.



## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### **Colette Pientok, DPT**

Dr. Colette Pientok is a graduate of the University of Wisconsin - Madison Physical Therapy Program and completed her transitional DPT through the College of St. Scholastica. Colette has been a practicing physical therapist for over 32 years. Dr. Pientok serves as the co-chair of Memorial Hermann's Sports Medicine and Rehabilitation division's education committee and oversees clinical education activities for 40+ outpatient clinics. She also serves on the steering committee for the Texas Falls Prevention Coalition.

### **Susana Privett**

Susana earned her associate's degree in social work from Eastfield College and has worked for over 15 years for the US Census Bureau. She currently works as a data dissemination specialist for the US Census Bureau and assists data users in finding data for grant writing, business development, city planning, research, local governments programs and more in Texas.

### **Cindy Quinn**

Cindy Quinn earned her bachelor's degree in gerontology and currently serves as the evidence-based program manager for the Texas A&M Center for Population Health. Cindy also serves as the project lead on Texercise Select and SUSTAIN and as the Evidence Based Programming committee chair for the Texas Falls Prevention Coalition.

### **Holly Riley**

Holly has worked in the aging profession for more than 17 years. Her work includes policy and planning development; local program capacity building; marketing the internationally-recognized Texercise program; public speaking; and support to the agency's outreach efforts. Holly serves on various workgroups including: the Texas Cardiovascular and Stroke Prevention Partnership, Texas Falls Prevention Coalition, Behavioral Health and Aging workgroup, and the State Unit on Aging workgroup.

### **John Ross, JD**

John Ross is a former U.S. Marine with degrees in accounting from Texas State University and a juris doctorate from Texas Tech University. He is a nationally-recognized speaker on elder law issues who has spoken before Congress and been quoted by the Wall Street Journal. John founded the Ross & Shoalmire Elder Law firm and is the host of the Aging Insight television and radio programs, as well as the publisher of the Aging Insight Magazine.

### **Leah Rummel**

Leah graduated with her bachelor's degree from the University of North Texas. She has worked in the health care industry for over 35 years and has been with UnitedHealth Group since 2005. She currently serves as the vice president of strategic account management for UnitedHealthcare Community Plan of Texas. Leah has worked with the legislature and state regulatory agencies, as well as on topics such as Medicaid managed care, Medicare Part D, Medicare special needs products, and commercial insurance products.



## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### **Jennifer Severance, PhD**

Dr. Jennifer Severance earned her doctorate from the University of North Texas in applied gerontology and serves as an assistant professor at the Center for Geriatrics, Institute for Healthy Aging at the University of North Texas Health Science Center. Dr. Severance collaborates extensively across interdisciplinary groups, including academic institutions, health systems, and nonprofit agencies to engage students, and primary care professionals in improving older adult health and bridging systems of care.

### **Sherry Simon**

Sherry earned her bachelor's degree in dietetics and nutrition from the University of Texas and has over 30 years of experience as a dietitian in numerous areas of dietetics. Currently, she is the vice president of nutrition and health programs at Meals On Wheels, Inc. of Tarrant County. Sherry serves on the Board of Directors for the Tarrant County Food Policy Council and is a member of the Community Health Collaborative of the Dallas Fort Worth Hospital Organization.

### **Don Smith**

Don earned his bachelor's degree in gerontology administration from the University of Texas-Southwestern and his master's degree in urban affairs from the University of Texas-Arlington. Don currently serves as the director for the United Way's Area Agency on Aging. He led the design and implementation of United Way's 10 year, \$15 million Healthy Aging and Independent Living Initiative which currently provides funding for 11 evidence-based and informed programs.

### **Claire Turner**

Claire earned her bachelor's degree in communications from the University of Texas and has served as the director of the Senior Employment Program at the Senior Source for the past 8 years. Claire has over 15 years of experience as a recruiter and a human resources manager, instilling in her the knowledge to assist mature workers in finding gainful employment.

### **Keith Turner, PhD**

Dr. Keith Turner earned his doctoral degree from the University of Cincinnati. His funded research includes sponsorship from Texas Department on Aging, Texas Department of Health, North Central Texas Council of Governments, Texas Rehabilitation Commission, U.S. Administration on Aging, U.S. Department of Housing and Urban Development, and U.S. Health Resources and Services Administration. His current research addresses factors aligned with service utilization and disparities involving aging, disability and populations with special healthcare needs.

### **Regina Trail**

Regina is certified by the state of Texas as a paramedic. She currently serves as a paramedic for the Dallas Fire-Rescue Mobile Community Healthcare Program, which offers assistance and resources to City of Dallas residents to minimize the need for 9-1-1 over-utilization. Regina provides valuable expertise and knowledge of emergency services and their operations.





## 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

### **Jessica Walker**

Jessica earned her bachelor's in sociology and is currently pursuing her graduate degree in human relations and business. She serves as the evidence-based programs special projects manager for the Dallas Area Agency on Aging. In this role, Jessica oversees community outreach, partnerships with healthcare provider networks, and a large volunteer network. Jessica is also a certified master trainer for Boston University's A Matter of Balance Program and Stanford University's Diabetes & Chronic Disease Self-Management Program.

### **Laura Wolfe, PhD**

Dr. Laura Wolfe earned her PhD in applied gerontology from the University of North Texas and her bachelor's degree in psychology from the University of Texas. She also has a certification in education from the University of Texas at Dallas. Currently, Dr. Wolfe serves the volunteer and evidence based program coordinator for the Area Agency on Aging of the North Central Texas Council of Governments.

### **Paul Zambie, JD**

Paul Zambie earned his bachelor's degree in history and accounting from the University of Texas and his juris doctorate from South Texas College of Law. He currently serves as the managing attorney for the Transfer on Death Deed Project within the Texas Legal Services Center. Paul is also an experienced presenter who has spoken on elder issues at dozens of conferences and events.

### **Carol Zernial**

Carol Zernial holds a master's degree in social gerontology and has been involved in the field of aging for over 20 years. She received the 2008 Outstanding Professional in Aging Award in Texas for her contributions to the field of evidence-based disease prevention and health promotion. Carol currently serves as the executive director for the WellMed Charitable Foundation and is the chair of the Board of Directors for the National Council on the Aging, as well as a member of the Aging Texas Well Advisory Committee.

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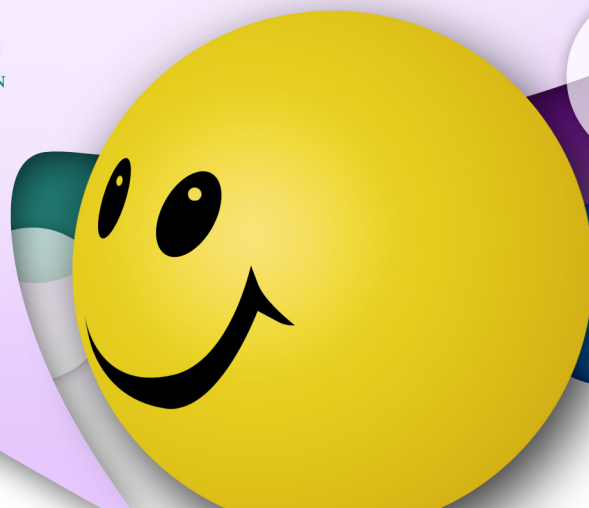


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during the 2017 Aging in Texas Conference

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# **2018 Aging in Texas Conference**

July 11 – 13, 2018



Omni Corpus Christi Hotel





# 2017 Aging in Texas Conference

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

## Conference Evaluation Form

**1. Please identify the type of agency/organization for which you work:**

State Administering Agency       Local Government  
 Nonprofit       Other (Please Specify) \_\_\_\_\_

**2. How would rate the overall conference?**

Poor       Below Average       Average       Above Average       Excellent

**3. Were the topics covered at the 2016 Aging in Texas Conference important to your professional development?**

Poor       Below Average       Average       Above Average       Excellent

**4. Which session(s) did you find most beneficial?**

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**5. How can we improve the conference in the future?**

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**6. Would you recommend this conference to others?**

Yes       No

**7. Please indicate your overall satisfaction with this conference.**

**CONFERENCE CONTENT**

Very Dissatisfied       Somewhat Dissatisfied       Neutral       Somewhat Satisfied       Very Satisfied

**REGISTRATION PROCESS**

Very Dissatisfied       Somewhat Dissatisfied       Neutral       Somewhat Satisfied       Very Satisfied

**VENUE**

Very Dissatisfied       Somewhat Dissatisfied       Neutral       Somewhat Satisfied       Very Satisfied

**FOOD & BEVERAGE**

Very Dissatisfied       Somewhat Dissatisfied       Neutral       Somewhat Satisfied       Very Satisfied

*Please return completed forms to the registration desk.*



# Continuing Education Forms

| <b>Name:</b>   |                  |                         |                     | <b>Date:</b>                         |      |
|--|------------------|-------------------------|---------------------|--------------------------------------|------|
| <b>Organization:</b>   |                  |                         |                     | <b>Email:</b>                        |      |
| <b>CEU Type:</b>   |                  |                         |                     |                                      |      |
| <b>WEDNESDAY, JULY 12</b>  |                  |                         |                     |                                      |      |
| Session  | Location/Room    | Track                   | Time                | Instructor/<br>Moderator<br>Initials | CEUs |
| Opening Keynote  | Mandalay & Foyer | General Session         | 11:00 AM - 12:30 PM |                                      | 0.00 |
| <b>Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.</b> |                  |                         |                     |                                      |      |
| <b>Session One</b>   |                  |                         |                     |                                      |      |
| Condition-Focused Nutrition and Impact on at-Risk Patients   | Rangoon          | Life Enrichments        | 1:05 PM - 2:00 PM   |                                      | 0.92 |
| Delivering Quality Cost-Efficient Nutrition Services   | Nepal            | Services                | 1:05 PM - 2:00 PM   |                                      | 0.92 |
| The Best of All Worlds: Successful Collaboration in Intergenerational Workplace  | Martaban         | Communities             | 1:05 PM - 2:00 PM   |                                      | 0.92 |
| Texercise Select: Bringing Proven Health and Wellness to all Texans!   | Andaman          | Evidence-Based Programs | 1:05 PM - 2:00 PM   |                                      | 0.92 |
| <b>Session Two</b>   |                  |                         |                     |                                      |      |
| Healthy Living for Your Brain and Body: Tips from the Latest Research  | Rangoon          | Life Enrichments        | 2:05 PM - 3:00 PM   |                                      | 0.92 |
| Aging Texas Veterans from WWII to the Middle East  | Nepal            | Services                | 2:05 PM - 3:00 PM   |                                      | 0.92 |
| The Best of All Worlds: Successful Collaboration in Intergenerational Workplace  | Martaban         | Communities             | 2:05 PM - 3:00 PM   |                                      | 0.92 |
| Get 'Em While They're Young Utilizing Future Health Care Professionals to Delivery Evidence-Based Programs   | Andaman          | Evidence-Based Programs | 2:05 PM - 3:00 PM   |                                      | 0.92 |
| <b>Session Three</b>   |                  |                         |                     |                                      |      |
| We're Going Places: Travel Training for Area Agencies on Aging   | Rangoon          | Life Enrichments        | 3:05 PM - 3:55 PM   |                                      | 0.83 |
| Evaluating the Efficacy of a Regional Care Coalition   | Nepal            | Services                | 3:05 PM - 3:55 PM   |                                      | 0.83 |
| Correlates of Health Problems at Senior Centers  | Martaban         | Communities             | 3:05 PM - 3:55 PM   |                                      | 0.83 |
| When 9-1-1 calls YOU   | Andaman          | Evidence-Based Programs | 3:05 PM - 3:55 PM   |                                      | 0.83 |
| <b>Session Four</b>  |                  |                         |                     |                                      |      |
| Mitigating Geriatric Trauma: A Trauma Injury Prevention Perspective  | Rangoon          | Life Enrichments        | 4:00 PM - 4:50 PM   |                                      | 0.83 |
| An Overview: Person-Centered Planning  | Nepal            | Services                | 4:00 PM - 4:50 PM   |                                      | 0.83 |
| Finding the Aging Population in Texas with Census Data   | Martaban         | Communities             | 4:00 PM - 4:50 PM   |                                      | 0.83 |
| MUSIC & MEMORY <sup>SM</sup> : How to Improve Quality of Life & Reduce Anti-psychotic Use  | Andaman          | Evidence-Based Programs | 4:00 PM - 4:50 PM   |                                      | 0.83 |
| <b>Total CEUs for Day One:</b>   |                  |                         |                     |                                      |      |

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# Continuing Education Forms

|  |                      |                         |                     |   |             |
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| <b>Name:</b>   |                      |                         | <b>Date:</b>        |   |             |
| <b>Organization:</b>   |                      |                         | <b>Email:</b>       |   |             |
| <b>CEU Type:</b>   |                      |                         |                     |   |             |
| <b>THURSDAY, JULY 13</b>   |                      |                         |                     |   |             |
| <b>Session</b>   | <b>Location/Room</b> | <b>Track</b>            | <b>Time</b>         | <b>Instructor/<br/>Moderator Initials</b> | <b>CEUs</b> |
| <b>Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.</b> |                      |                         |                     |   |             |
| <b>Session One - select one</b>  |                      |                         |                     |   |             |
| Working with People who are Hard of Hearing: Hearing Aids and Communication Strategies   | Rangoon              | Life Enrichments        | 9:00 AM - 9:50 AM   |   | 0.83        |
| Aging Texas Veterans from WWII to the Middle East  | Nepal                | Services                | 9:00 AM - 9:50 AM   |   | 0.83        |
| Be Healthy: Food Security and Nutrition for Older Adults   | Martaban             | Communities             | 9:00 AM - 9:50 AM   |   | 0.83        |
| Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow Part I  | Andaman              | Evidence-Based Programs | 9:00 AM - 9:50 AM   |   | 0.83        |
| <b>Session Two - select one</b>  |                      |                         |                     |   |             |
| Assistive Technology and Resources for Persons with Hearing Loss   | Rangoon              | Life Enrichments        | 10:00 AM - 10:50 AM |   | 0.83        |
| Leveraging Resources from the Inside Out – the Benefits of Advisory Committees   | Nepal                | Services                | 10:00 AM - 10:50 AM |   | 0.83        |
| Under One Roof: Multiple Generations Living in the Same House  | Martaban             | Communities             | 10:00 AM - 10:50 AM |   | 0.83        |
| Conversations with the Texas Falls Prevention Coalition: Texans Working Together for a Falls Free Tomorrow Part II   | Andaman              | Evidence-Based Programs | 10:00 AM - 10:50 AM |   | 0.83        |
| <b>Session Three - select one</b>  |                      |                         |                     |   |             |
| Transfer on Death Deed: Avoiding the Pitfalls of Probate   | Rangoon              | Life Enrichments        | 2:00 PM - 2:50 PM   |   | 0.83        |
| The Intersection of Neurocognitive Disorders and Medical Decision Making   | Nepal                | Services                | 2:00 PM - 2:50 PM   |   | 0.83        |
| The Village Movement in Texas  | Martaban             | Communities             | 2:00 PM - 2:50 PM   |   | 0.83        |
| The Aging Network Educating Health Professionals for Tomorrow  | Andaman              | Evidence-Based Programs | 2:00 PM - 2:50 PM   |   | 0.83        |
| <b>Session Four - select one</b>   |                      |                         |                     |   |             |
| Powers of Attorney for Adults 50+: Tool to Protect or Exploit? Part I  | Rangoon              | Life Enrichments        | 3:00 PM - 3:50 PM   |   | 0.83        |
| Depression is NOT a Normal Part of Aging, Part I   | Nepal                | Services                | 3:00 PM - 3:50 PM   |   | 0.83        |
| Age Well Live Well: Be Connected   | Martaban             | Communities             | 3:00 PM - 3:50 PM   |   | 0.83        |
| Meeting the Needs of Caregivers with Evidence-Based Programs   | Andaman              | Evidence-Based Programs | 3:00 PM - 3:50 PM   |   | 0.83        |
| <b>Session Five</b>  |                      |                         |                     |   |             |
| Powers of Attorney for Adults 50+: Tool to Protect or Exploit? Part II   | Rangoon              | Life Enrichments        | 4:00 PM - 4:50 PM   |   | 0.83        |
| Depression is NOT a Normal Part of Aging, Part II  | Nepal                | Services                | 4:00 PM - 4:50 PM   |   | 0.83        |
| Networking to Develop Partnerships   | Martaban             | Communities             | 4:00 PM - 4:50 PM   |   | 0.83        |
| Caregiving as a Human Rights Issue: As International Perspective   | Andaman              | Evidence-Based Programs | 4:00 PM - 4:50 PM   |   | 0.83        |
| <b>Total CEUs for Day Two:</b>   |                      |                         |                     |   |             |
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|----------------------|---------------|
| <b>Name:</b>         | <b>Date:</b>  |
| <b>Organization:</b> | <b>Email:</b> |

**CEU Type:**

**FRIDAY, JULY 14**

| Session  | Location/Room | Track                   | Time              | Instructor/<br>Moderator Initials | CEUs |
|--|---------------|-------------------------|-------------------|-----------------------------------|------|
| <b>Session One - select one</b>  |               |                         |                   |                                   |      |
| The Importance of Social Media for Senior Job Seekers  | Rangoon       | Life Enrichments        | 8:00 AM - 8:50 AM |                                   | 0.83 |
| Veteran Directed Services - Texas Style: The VA and the Bexar Area Agency on Aging Working Together for Our Veterans | Nepal         | Services                | 8:00 AM - 8:50 AM |                                   | 0.83 |
| Age Friendly Cities: Factors Influencing Age Friendly Policy Action  | Martaban      | Communities             | 8:00 AM - 8:50 AM |                                   | 0.83 |
| The Good, the Bad and the Truth: Lesson Learned from the CDSMP/DSMP North Texas Consortium                           | Andaman       | Evidence-Based Programs | 8:00 AM - 8:50 AM |                                   | 0.83 |

| <b>Closing Keynote</b> |                  |                 |                    |  |      |
|------------------------|------------------|-----------------|--------------------|--|------|
| Closing Keynote        | Mandalay & Foyer | General Session | 9:00 AM - 11:00 AM |  | 0.00 |

|                                  |  |
|----------------------------------|--|
| <b>Total CEUs for Day Three:</b> |  |
|----------------------------------|--|

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Calculate your total CE credit:

|                          |  |
|--------------------------|--|
| Total CEUs for Day One   |  |
| Total CEUs for Day Two   |  |
| Total CEUs for Day Three |  |
| <b>Grand Total</b>       |  |













Thank you for attending the  
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## **2017 Aging in Texas Conference**

Aging without Limits ★ July 12-14, 2017 ★ Las Colinas, Texas

# The 2017 Aging in Texas Conference is proudly brought to you by



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