



Texas Association of  
Regional Councils

## Health and Human Services Committee Meeting

Thursday, February 5, 2026

11:00 AM – 11:50 AM

Cambria Austin Downtown | Whiskey River

### AGENDA

#### I. Call to Order & Introductions

**Shanna Burke**, Chair  
South East Texas Regional Planning  
Commission

#### II. Federal Funding & Legislative Update

**Dana McGrath**  
Associate Commissioner  
Local Access & Support  
Texas Health and Human Services

#### III. Update on T4A Activities

**Paula Johnson**  
T4A President  
Harris County Area Agency on Aging

#### IV. New Business

**Shanna Burke**

#### V. Adjourn