



Texas Association of
Regional Councils

Health and Human Services Committee Meeting

Thursday, February 5, 2026

11:00 AM – 11:50 AM

Cambria Austin Downtown | Whiskey River

AGENDA

I. Call to Order & Introductions

Shanna Burke, Chair
South East Texas Regional Planning
Commission

II. Federal Funding & Legislative Update

Dana McGrath
Associate Commissioner
Local Access & Support
Texas Health and Human Services

III. Update on T4A Activities

Paula Johnson
T4A President
Harris County Area Agency on Aging

IV. New Business

Shanna Burke

V. Adjourn